

Tell Your Friends...



YMCA Mission

To foster the spiritual, mental and physical development of individuals, families, and communities according to the ideals of inclusiveness, equality and mutual respect for all.

Financial assistance is available.
Please donate to the YMCA at
www.ymcadc.org

YMCA Bethesda Chevy Chase

9401 Old Georgetown Road
Bethesda, Maryland 20814
Phone: 301-530-3725

Tennis Directors: Jeremy Carl
Marco Impeduglia



YMCA Bethesda Chevy Chase **TENNIS**



The YMCA Difference



Phone: 301-530-3725
Tennis Directors: Jeremy & Marco

YMCA Bethesda Chevy Chase
tennis program has expanded

More Classes

More Instructors

Additional Services such as:

Open Houses

Racket Demo Day

Mixers



We Build Strong Kids, Strong Families, Strong Communities

Bethesda Tennis Club

The YMCA Bethesda Chevy Chase now offers more group, semi-private and private tennis instruction for students from beginner to advanced levels. Beginners will learn the basic four to five shots of tennis. Advanced beginners will continue improvements of ground strokes and start game playing. Intermediate and advanced players will work on perfecting strategy and knowledge of the game. No matter what your level, learn new skills and strategies while improving your game and meeting new players.

Private and Semi-Private

We offer private and semi-private lessons or we can "customize" a class for a private group of three or four players. Arrangements can be flexible. For more information or questions, call our Tennis Director at 301-530-3725.

Private Lesson (1 hr.)	Full Program
One person	\$66 \$73
Two people (per person)	\$37 \$43

Customized Group (1.5 hrs)	
Three people (per person)	\$37 \$43
Four people (per person)	\$33 \$37

Ball Machine available by reservation only

Session Dates: Spring 1 3/1/10 – 5/2/10 (8 Classes) Spring 2 5/3/10 – 6/14/10 (8 Classes)

Adult Group Classes

Day	Time	Level
Mon	10:00 – 11:30 am	Beg.
Mon	12:00 – 1:00 pm	Cardio Tennis (All levels)
Tues	9:00-11:00 am	Int. 1
Tues	11:00 – 1 pm	Ball Machine Drills
Tues	6:00 – 7:30 pm	Beg. 2 & Int. 1
Wed	6:00 – 7:30 pm	Int. 1
Wed	9:00 – 11:00 am	Round Robin (Adv. Beg.)
Thur	6:00 - 7:30 pm	Int. / Adv.
Fri	9:00 – 11:00 am	Int. / Adv.
Sat	8:00 – 10:00 am	Int. / Adv.
Sat	10:00 – 11:30 am	Beg. 1 + 1
Sat	11:30-1:30 pm	Beg. 2 & Int. 1

Youth Classes

Day	Time	Level
Mon	4:00 – 6:00 pm	Adv. Jr. Drill/Tourn.
Tues	3:30- 4:00 pm	Tikes
Tues	4:00 – 4:30 pm	Pee Wee
Tues	4:30 – 5:30 pm	Youth Beg
Wed	4:30 – 5:30 pm	Int. / Adv.
Thur	3:30 – 4:00 pm	Tikes
Thur	4:00 – 4:30 pm	Pee Wee
Thur	4:30 – 5:30 pm	Youth Int.
Fri	4:00 – 5:30 pm	Junior Int.
Sat	1:30 – 2:00 pm	Pee Wee / Tikes
Sat	2:30 – 4:00 pm	Junior Int.
Sat	2:15 – 3:15 pm	Youth Beg.

Special Events

- Open Houses
- Junior Tournaments
- Adult Tournaments
- Senior Tournaments
- Family Tournaments
- Flights
- Mixers
- Racket Demo Day
- Membership Appreciation Day

NEW!
Tennis racquet re-string services available!
For prices, call 301-530-3725.

