

YMCA Youth & Family Services

Presents

Marcia Sheinberg, L.C.S.W.

Treating Children With Relational Trauma

November 6, 2009
9-4 pm

Crowne Plaza Hotel
8777 Georgia Avenue
Silver Spring, MD 20910

Marcia Sheinberg, LCSW, is the Director of Training and Clinical Services at the Ackerman Institute for the Family, and the Co-Director of Ackerman's Center for Children and Relational Trauma. She is the founder and Director of the Institute's Interfamilial Sex Abuse Project and is co-author with Peter Fraenkel of *The Relational Trauma of Incest: A Family-Based Approach to Treatment*, (Guilford, 2000). Ms. Sheinberg was also a co-founder of Ackerman's Gender and Violence Project. She is an internationally recognized therapist and lecturer and regularly presents in Asia, Europe, Latin America, the U.S. and Canada. In 2004, she was the recipient of the AFTA Award for Distinguished Contribution to Family Therapy together with her colleagues Peter Fraenkel and Fiona True.

Treating Children with Relational Trauma

Engaging children who are living with a bitter divorce, domestic violence, sexual abuse, or parental alcoholism in therapy can be a daunting clinical challenge. Loyalty bonds, unacknowledged secrets, the need to protect one parent, lack of trust for the therapist and anger all may silence kids in therapy and lead to a therapeutic stalemate. In this workshop, we'll discuss a **systematic structure** that combines individual and family sessions to **soothe children's anxieties**, make them feel their concerns are respected, and encourage them to share their thoughts and feelings. You'll come away with **tools that promote connection** with your youngest clients and connect individuals and family members. You'll know how to not only empower children and validate their experience, but also how to strengthen relational bonds within the family.

Educational objectives:

1. List and discuss ways to link individual and family sessions
2. Demonstrate how to conduct a decision dialogue
3. Practice helping parents develop empathy for their children

Program

8:30 - 9 a.m. – Registration and Breakfast

9 a.m. - 4:00 – Program

12 pm - 1 pm - Lunch Break

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Therapists, Counselors and those who work with children experiencing relational trauma are encouraged to attend.

6.0 Continuing Education Credit contact hours will be provided by Montgomery County Office of Human Resources. Eligibility is based on attending the entire session. Those arriving 15 minutes late or leaving early will not be awarded CEU's. Montgomery County Office of Human Resources (MCOHR) is approved and authorized by the Maryland Board of Social Work Examiners to provide Continuing Education Credits and maintains responsibility for this program. MCOHR is in voluntary compliance with the continuing education standards set by the National Association of Social Workers. MCOHR is recognized by the National Board of Certified Counselors to offer continuing education for National Certified Counselors, provider #6080, and adheres to NBCC Continuing Education Guidelines.

Sign-up Form

Conference Fee before 10/25 \$100

Conference Fee after 10/25 \$120

Name

Address

Phone

E-mail

Method of Payment

Check MasterCard

Visa

Credit Card No. Exp. Date

Expire Date

Signature

Mail or fax to:

YMCA Youth & Family Services
9601 Colesville Road
Silver Spring, MD 20901

Phone: 301-587-5700

Fax: 301-587-3132

E-mail: viviana.azar@ymcadc.org

You can register online beginning **September 15th** at www.ymcadc.org ([search Youth & Family Services, easy enroll, youth & family services and the conference will come up as Treating Children with Trauma](#))

Directions to the Crowne Plaza Hotel

- From the Washington Beltway I-495: Take Exit 31 (Georgia Avenue South). Hotel will be the first high-rise on the left as you come into downtown Silver Spring, about 1 mile from the I-495 exit.
- Three blocks from the Red Line Metro, Silver Spring Station.