

YMCA Basketball Gym Schedule

Fall I 2009 (September 8, 2009- October 31, 2009)

*Check Notes at the bottom of the page for updates

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
5:30A - 6:00A Open Gym Full Court		5:30A - 6:00A Open Gym Full Court		5:30A - 7:30A Open Gym Full Court		5:30A - 6:00A Open Gym Full Court		5:30A - 6:00A Open Gym Full Court		7:00A-9:00A Open Gym Full Court		8:00A-9:00A Open Gym Full Court	
6:00A - 7:00A Active Duty Fitness		6:00A - 7:00A Active Duty Fitness				6:00A - 7:00A Active Duty Fitness		6:00A - 7:00A Active Duty Fitness					
7:00A - 7:30A Open Gym Full Court		7:00A - 7:30A Open Gym Full Court				7:00A - 7:30A Open Gym Full Court		7:00A - 7:30A Open Gym Full Court					
7:30A -9:00A Open Gym Half Court	8:00A - 1:00P KID'S GYM	7:30A -9:00A Open Gym Half Court	8:00A - 1:00P KID'S GYM	7:30A -9:00A Open Gym Half Court	8:00A - 1:00P KID'S GYM	7:30A -9:00A Open Gym Half Court	8:00A - 1:00P KID'S GYM	7:30A -9:00A Open Gym Half Court	8:00A - 1:00P KID'S GYM	9:00A - 1:00P Youth Sports		9:00A-1:00P Open Gym Half Court	9:00A -1:00P Kid's Prime Time
9:00A-12:00P Preschool Sports		9:00A-12:00P Preschool Sports		9:00A-12:00P Preschool Sports		9:00A-12:00P Preschool Sports		9:00A-12:00P Preschool Sports				9:00A-12:00P Preschool Sports	9:00A-12:00P Preschool Sports
12:00P-1:00P Youth Half Court		12:00P-1:00P Youth Half Court		12:00P-1:00P Youth Half Court		12:00P-1:00P Youth Half Court		12:00P-1:00P Youth Half Court				12:00P-1:00P Youth Half Court	12:00P-1:00P Youth Half Court
1:00P-2:00P Adult Open Gym Full Court		1:00P-2:00P Adult Open Gym Full Court		1:00P-2:00P Adult Open Gym Full Court		1:00P-2:00P Adult Open Gym Full Court		1:00P-2:00P Adult Open Gym Full Court		2:00P-3:00P Open Court Half Court		1:00 P-4:00 P Adult Half Court (no children)	
1:00P-2:00P Adult Open Gym Full Court		2:15P-3:15P Pinnacle Academy		2:15P-3:15P Pinnacle Academy		2:15P-3:15P Pinnacle Academy		1:00P-3:00P Adult Open Gym Full Court					
3:15P-4:30P Half Court /Lessons	2:55P-3:45P Preschool 4:00P-7:00P Kid's Prime Time	3:15P-4:30P Half Court /Lessons	2:55P-3:45P Preschool 4:00P-7:00P Kid's Prime Time	3:15P-4:30P Half Court /Lessons	2:55P-3:45P Preschool 4:00P-7:00P Kid's Prime Time	3:15P-4:30P Half Court /Lessons	2:55P-3:45P Preschool 4:00P-7:00P Kid's Prime Time	3:15P-4:30P Half Court /Lessons	2:55P-3:45P Preschool 4:00P-7:00P Kid's Prime Time	1:00P-5:30P Adult Basketball League		4:00P-5:00P Open Court Half Court	4:00P-5:00P Half Court /Lessons
4:30P-6:00P School Age		4:30P-6:00P School Age		4:30P-6:00P School Age		4:30P-6:00P School Age		4:30P-6:00P School Age				4:30P-6:00P School Age	4:30P-6:00P School Age
6:00P-7:00P Open Gym Half Court		6:00P-7:00P Open Gym Half Court		6:00P-7:00P Open Gym Half Court		6:00P-7:00P Open Gym Half Court		6:00P-7:00P Open Gym Half Court				6:00P-7:00P Open Gym Half Court	6:00P-7:00P Open Gym Half Court
8:00P -10:00P Adult Full Court (no Children)		7:00P -10:00P Adult Basketball League		7:00P -10:00P Adult Basketball League		8:00P -10:00P Adult Open Volleyball		8:00P-10:00P Adult Half Court /Lessons		8:00P-10:00P Half Court /Lessons		6:30P-9:00P Open Court Half Court	
										6:30P-9:00P Half Court /Lessons		5:00P - 8:00P Adult Open Volleyball	

Notes: The Open Gym Half Court time is for all ages. Please limit full court games to the short courts to allow for others to shoot around.

Notes: April 6th-10th there will be limited gym usage due to Spring Break Camps please check with the front desk for further info or check on the gym doors.

Adult Full Court Basketball

Ages 16 and older

Full Court games 5 on 5

Games to 8 *or* 8 minute games

Check-in with Front Desk
for next game

Practice YMCA core values
at all times



Open Gym Half Court Basketball

All ages are welcome

If more than 10 people are
in the gym, please keep games to
half court play only, so everyone
can play.

Games to 8 are recommended

Practice YMCA core values
at all times

