



# YMCA ALEXANDRIA SUMMER POOL SCHEDULE

Effective June 26 - August 31, 2017

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

**Please shower  
before entering  
the pool.**

**No photography  
or videos allowed.**

**Spectators must  
view from  
upstairs.**

**Pool closes 30  
minutes before  
the building.**

**Schedule subject  
to change with  
events.**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<b>5:30AM - 7:30AM</b>	<b>5:30AM - 7:30AM</b>	<b>5:30AM - 7:30AM</b>	<b>5:30AM - 7:30AM</b>	<b>5:30AM - 7:30AM</b>	<b>7:00AM-9:00AM</b>	<b>9:00AM-1:00PM</b>
	4 Lap	2 Lap 2 Class	4 Lap	2 Lap 2 Class	4 Lap	4 Lap	4 Class
	<b>7:30AM - 9:30AM</b>	<b>7:30AM - 9:30AM</b>	<b>7:30AM - 9:30AM</b>	<b>7:30AM - 9:30AM</b>	<b>7:30AM - 9:30AM</b>	<b>9:00AM-1:00PM</b>	<b>1:00PM-2:00PM</b>
	1 Lap 3 Water Fitness	4 Lap	1 Lap 3 Water Fitness	4 Lap	1 Lap 3 Water Fitness	4 Class	2 Lap 2 Class
	<b>9:30AM-3:30PM</b>	<b>9:30AM-3:30PM</b>	<b>9:30AM-3:30PM</b>	<b>9:30AM-3:30PM</b>	<b>9:30AM-3:30PM</b>	<b>1:00PM-4:30PM</b>	<b>2:00PM-6:30PM</b>
	1 Lap 3 Camp	1 Lap 3 Camp	1 Lap 3 Camp	1 Lap 3 Camp	1 Lap 3 Camp	2 Lap 2 Class	2 Lap 2 Rec**
	<b>3:30PM-6:30PM</b>	<b>3:30PM-6:30PM</b>	<b>3:30PM-7:30PM</b>	<b>3:30PM-6:30PM</b>	<b>3:30PM-7:30PM</b>	<b>4:30PM-7:30PM</b>	
	2 Lap 2 Rec**	2 Lap 2 Rec**	2 Lap 2 Rec**	2 Lap 2 Rec**	2 Lap 2 Rec**	2 Lap 2 Rec**	
	<b>6:30PM-7:30PM</b>	<b>6:30PM-7:30PM</b>	<b>7:30PM-9:30PM</b>	<b>6:30PM-7:30PM</b>	<b>7:30PM-9:30PM</b>		
	2 Lap 2 Water Fitness	2 Lap 2 Water Fitness	4 Lap	2 Lap 2 Water Fitness	4 Lap		
	<b>7:30PM-9:30PM</b>	<b>7:30PM-8:30PM</b>		<b>7:30PM-8:30PM</b>			
	4 Lap	2 Lap 2 Class		2 Lap 2 Class			
		<b>7:30PM-9:30PM</b>		<b>7:30PM-9:30PM</b>			
		4 Lap		4 Lap			

**Lap = Lane open for swimmers to swim continuous laps. Sharing lanes and circle swimming is enforced.**

**Class = Lane reserved for swim lessons.**

**Water Fitness = Lane reserved for water fitness classes.**

**Rec\*\* = Lane open for swimmers not swimming continuous laps. Examples: Children and parents, water exercise.**

**Camp = Lanes reserved for Summer Camp**