



Summer I June,26 – July,30

Spring II Classes: May 30 – June 25 • Summer I Classes: June 26 – July 30  
 Summer II Classes: July,31 – September,1 • Fall I Classes: September,04 – October, 29

**YMCA ARLINGTON**

**POOL, SWIM CLASS&SUMMER CAMP SCHEDULE**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>8:00AM</b>	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM		
<b>9:00AM</b>	CAMP	CAMP	CAMP	CAMP	CAMP	OPEN SWIM	OPEN SWIM
<b>9:30AM</b>	CAMP	CAMP	CAMP	CAMP	CAMP	SKIP/PRE-PIKE	OPEN SWIM
<b>10:00AM</b>	CAMP	CAMP	CAMP	CAMP	CAMP	PIKE	OPEN SWIM
<b>10:30AM</b>	CAMP	CAMP	CAMP	CAMP	CAMP	EEL	OPEN SWIM
<b>11:00AM</b>	CAMP	CAMP	CAMP	CAMP	CAMP	POLLIWOG/GUPPY	OPEN SWIM
<b>11:30 AM</b>	CAMP	CAMP	CAMP	CAMP	CAMP	OPEN SWIM	<b>Aqua Aerobic</b>
<b>12-12:45PM</b>	CAMP	CAMP	CAMP	CAMP	CAMP	OPEN SWIM	OPEN SWIM
<b>12:45-1:30PM</b>	CAMP	CAMP	CAMP	CAMP	CAMP	OPEN SWIM	OPEN SWIM
<b>1:30-3:30PM</b>	CAMP	CAMP	CAMP	CAMP	CAMP	OPEN SWIM	OPEN SWIM
<b>3:30PM</b>	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM
<b>4:00PM</b>	PRE-PIKE	PIKE/EEL	PRE-PIKE	PIKE/EEL	OPEN SWIM	OPEN SWIM	OPEN SWIM
<b>4:30PM</b>	PIKE	SKIP/ RAY/STARFISH	PIKE	SKIP/ RAY/STARFISH	OPEN SWIM	OPEN SWIM	OPEN SWIM
<b>5:00PM</b>	EEL	POLLIWOG	EEL	POLLIWOG	OPEN SWIM		
<b>5:45PM</b>	RAY/STARFISH	GUPPY/MINNOW	RAY/STARFISH	GUPPY/MINNOW	OPEN SWIM		
<b>6:30 – 7:30 PM</b>	OPEN SWIM	YOUTH STROKE Aqua ZUMBA NO LAP LANE	OPEN SWIM	YOUTH STROKE	OPEN SWIM		
<b>7:30PM-8:00PM</b>	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM	OPEN SWIM		

**HOURS**

Monday – Friday: 8am – 8pm  
 Saturday & Sunday: 9am – 5pm

- To ensure the safety of our members, the pool may close due to weather conditions or chemical imbalances in the pool.
- At least one lane will be available for lap swimming during all classes, times labeled 'Open Swim' means the entire pool is open to our members.
- Fridays are reserved for make-up swim lessons. Please call ahead to ensure availability of OPEN SWIM
- To ensure the safety of our members, the pool may close due the either conditions or chemical imbalance in the pool.