



YMCA of Metropolitan Washington

Youth & Family Services

YMCA Youth & Family Services has been providing counseling and early intervention services to children and families in Montgomery County, MD for more than 40 years. With 18 program sites and 60 staff members, Youth & Family Services currently provides assistance to nearly 6,000 adults and children every year. YFS offers the majority of its services free of charge. Individuals do not have to be members of the YMCA to receive services.

PROGRAM AREAS:

Core Services – Therapeutic and supportive services available to children and families in the community, regardless of their ability to pay.

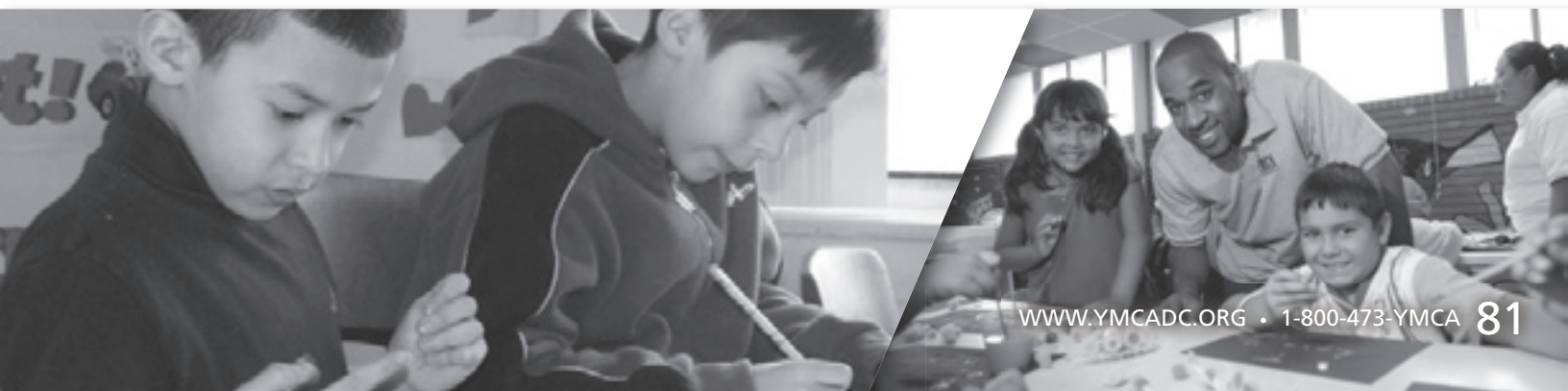
School-based Programs – Services offered in low-income Montgomery County elementary and middle schools address the social, economic and emotional barriers to academic success.

Community-based Programs – A variety of educational and life enrichment programs offered in low-income communities in Montgomery County.

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YMCA of Metropolitan Washington

Youth and Family Services

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Services Offered:

- Counseling and therapy for individuals, families and groups
- Mentoring
- Bullying prevention
- Internet safety education
- Therapeutic outdoor adventures
- Positive youth development
- Suicide prevention
- Academic enrichment activities
- Youth leadership and employment preparation
- Substance abuse prevention
- Parenting classes and workshops
- Pregnancy prevention and support for parents who are teens
- Violence prevention
- Crisis intervention
- Case management
- Community outreach

Invest in Local Families

By supporting YMCA Youth & Family Services, you are investing in local children and families who are struggling to make ends meet, to better themselves through education, and to build strong and healthy communities. Join us today and help us end their struggles. Visit www.ymcadc.org or call 301-587-5700 to get involved.

Get Help

If you or your family needs assistance, please call 301-587-5700 or visit www.ymcadc.org to find out more about the YMCA's programs.

Support vital
community service
programs like these.
Visit www.ymcadc.org
to donate today!

YOUTH &
FAMILY