



YMCA of Metropolitan Washington

Child Care Services

(cont'd)

Daycare Programs (cont'd)

Infant

6 weeks–16 months

The YMCA's infant care program is designed to meet the needs of every baby based on his or her own schedule. Infants nap, feed, play and cuddle when they're ready, not on someone else's predetermined timeline. Music, singing, reading, finger playing and constant verbalization foster socialization and developmental skills. Facilities are equipped with cribs, swings, walkers and age-appropriate toys and books.

Available at: AB, PG, REST, SS

Preschool/Toddler

16 months–5 years

The YMCA's Preschool Program follows a planned curriculum based on developmental assets. Children will also enjoy many other YMCA activities including soccer, swimming, gymnastics, dance and computer classes. These activities build self-confidence and socialization skills. We offer full-day and half-day preschool programs.

Available at: AB, AYR, LOU, PG, PO, REST, SS

SCHOOL-AGE CARE

Before- and After-School Programs

Ages 5–15

Our innovative before and after school programs offer far more than just homework assistance — although we build in time for that as well. Children may choose their own enriching activities, including science, mathematics, technology, recreation and reading. Our child care centers always offer different and exciting activities, from special events and field trips to physical activity and youth leadership projects. Before school extended care is available at some branches.

Available at: AB, ALEX, ARL, AYR, CAL, CAP, LOU, PG, PO, REST, SS

SADI (School-Age Drop-In)

Ages 5–12

S.A.D.I. is offered to families in need of child care on Fairfax County Public School (FCPS) Snow Days, FCPS Teacher Work Days and specific FCPS Student Holidays. Before/After Care is also available for children attending one of the 14 schools we currently serve. Children will participate in a variety of activities that may include: arts and humanities, movie time, gym/field play, field trips, swimming and more. S.A.D.I. costs include ten days of care between the hours of 6:30 a.m.–6:30 p.m. throughout the school year, not including Winter and Spring Break Camps.

Available at: REST

Babysitting Services

Quality babysitting services are available for parents while they use YMCA facilities to take classes/programs. Parents must be at the YMCA while their child is in our care. Enrollment is limited.

Available at: ALEX, ARL, BCC, REST, PO, SS

The YMCA's
child care curriculum
is based on our
core values: caring,
honesty, respect and
responsibility.