



# SEPTEMBER 2019 • YMCA ARLINGTON

— WELCOMING WEEK: 9/13 - 9/22 —

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Labor Day	3 First Day of Fall I Session Welcome Back SACC FREE Beginner Tennis Clinic 8am + Indoor Tennis Season Begins	4	5 International Day of Charity	6	7 Adult/Junior Tennis Leagues Begin FREE Beginner Tennis Clinic 2pm
8	9 Junior After School Tennis Begins	10	11	12	13	14
15	16 Register to Vote Drive 10:00 - 12:00pm Zumba 6:00 - 6:55pm	17 Pilates 6:00 - 6:55pm	18 Yoga 12:00 - 12:55pm	19 Tai Chi Chuan & Qi Gong 12:00 - 12:55pm	20 Welcome to Parents Night Out 6:00 - 10:30pm	21 Open House 1:00 - 3:00pm Embassy Challenge Tennis Tournament 6:00pm
FREE ACCESS DURING WELCOMING WEEK! THE Y IS OPEN TO ALL IN THE COMMUNITY!						
22	23 Fall Prevention Awareness Day	24	25 National Heritage Day	26 National Family Day	27	28
29	30					