



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Develop Mental & Physical Well Being

TAE KWON DO

Fall I Session: August 28, 2017— October 22, 2017

TKD is a highly stylized and deliberate method of disciplined martial arts training. The result is the empowering sense of self worth and the ability to control one's physical and personal destiny.

YOUTH PROGRAM

Mondays and Wednesdays

From 4:30 to 5:15pm

Ages: 5 to 12

Price:

- Full Member: \$160
- Program Members \$210

Located in Studio A

****No class on Monday 9/4
in observance of Labor Day**

****No class on Monday 10/9
in observance of Columbus Day**

Questions:

**Please feel free to contact
Our Wellness Director,
Sarah Johnson, at
sarah.johnson@ymcadc.org**





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TKD EQUIPMENT ORDER FORM

Member Number: _____ **Today's Date:** _____

Program Days (Circle one): Monday/Wednesday (Youth) Monday (Kinderkicks) TKD (Private)

Name of Parent: _____ **Name of Child:** _____

Address: _____

City: _____ **State:** _____ **Zip Code:** _____

Home Phone: _____ **Cell Phone:** _____ **Work Phone:** _____

E-mail Address: _____

ITEM	QTY	ITEM DESCRIPTION	SIZE	COLOR	COST
		Total Package includes: All items listed below			\$105
		Starter Package: Student 6oz.-Uniform & Belt- White			\$20
		ProForce Equipment Package: (All equipment below- minus uniform)			\$90
		Lightning Headgear			
		Lightning Sparring Punches			
		Lightning Kicks			
		Thunder Thai Shin guards			
		Elbow Guard			
		Male Supporter/Cup Set			
		Single Mouth guard			
		TKD Sidekick Equipment			
		Yin and Yang Equipment Bag			