



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2018/19 Winter Junior Tennis Registration Form

Return this form to the front desk or email to atctennis@ymcadc.org.

Junior's Name: _____ School: _____

Phone number: _____ Date of Birth: _____

Circle membership type: Full member Program Member (\$45/year)

Circle your Program: Tiny Tots Red Orange Green
11 & Over High Performance H.S. Excellence

Day(s) of week: _____

Payment Information:

Amount: _____ CC #: _____ Exp. Date: ____/____

*If paying by check, please remit amount to the YMCA Arlington Tennis & Squash Center and return or send to the front desk.

Parent Information

First Name: _____ Last Name: _____

Phone number: _____ Email: _____

YMCA Disclaimer: I understand the nature and scope of the program listed. I understand that there are risks and dangers associated with the program. I understand that it is not the function of the YMCA Metropolitan Washington its employees, agents, operators or instructors to guarantee the safety of participants with respect to the program above. I also understand that each participant has the responsibility to exercise due care in the performance of the activities/program for the safety of himself/herself and the other participants. In consideration of the participants being permitted to enroll in the program, I hereby release, indemnify and hold harmless the YMCA, its employees, contractors, subcontractors, operators and instructors from any and all claims and demands, costs, charges and expenses for harm, injury, damage or loss which may be sustained by the participant as a result of, or relating to, participation in the program above. Refunds will only be given for medical reasons (physician's notice may be required for a medical refund). I have read and understand the above liability.

4 Star Tennis Academy of Va LLC: It is understood that the student is in overall good physical health. In the event that there is a physical condition that may limit or restrict participation in certain activities, a physicians note must be presented. Release: In consideration of the tennis training, I agree to hold 4 Star Tennis Academy of Va LLC harmless for injury or loss that may occur as of result of my participation in this activity provide by 4 Star Tennis Academy of Va LLC.

Signature (to be signed by student or if a child by student's parent)

Date: _____





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LEARN
PLAY
GROW



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11 & Over Programs (Intermediate/Advanced)

December 3 – February 24 (12 week session)

11 and over: This is a more advanced Green Dot level class for 11-13 year olds. This program offers junior players the opportunity to continue to develop their tennis game. The class consists of complex fed drills, competitive "live ball" drills, continued physical conditioning and increased focus on tennis strategy during competitive play.

- Class offered on Monday, Thursday 5-7pm, Saturday 3-5pm & Sunday 2-4pm
- Full Member: \$600 Program member: \$720

High performance: This invitation only intensive camp will consist of stroke development, video analysis, individual development plans, fitness, live ball drilling and match play. This class is by invitation only.

- Class offered on Tuesday & Friday 5-7pm
- Full Member: \$600 Program member: \$720

High School Excellence: This program offers high school aged players the opportunity to continue to develop their tennis game. The class consists of complex fed drills, competitive "live ball" drills, continued physical conditioning and increased focus on tennis strategy during competitive play. At the High School Excellence level, players will be participating in singles and doubles matches with consistent on court instruction. This is the perfect class for High School aged players who wish to potentially play for their school teams, participate in tournaments or simply bring their tennis game to the next level.

- Class offered on Wednesday 5:00-7:00pm, Saturday 5-7pm & Sunday 4-6pm
- Full Member: \$600 Program member: \$720

***Please note that class rates are for one class per week for the session.**

If you wish to enroll for multiple days, please indicate this on the registration form.

