

YMCA POOL RULES

For The YMCA Aquatic Department, Our number one priority is safety! For this reason, we have implementec

1. Lifeguards have the authority to enforce all pool rules
2. No one will be allowed in the swimming area unless the pool is officially open and a lifeguard is on duty. Swimmin
3. Running, rough play, dunking, wrestling, or other improper conduct causing undue disturbances on or about the p
4. No diving in water less than 9 feet. Front diving only.
5. No prolonged underwater swimming for time and/or distance. Competitive and/or repetitive breath holding can be
6. Objects or items deemed to be dangerous or unsafe by lifeguard are not permitted in pool area. or
7. The Health Department requires all patrons must take a cleansing soap shower before entering the deck area. Su
8. No street shoes. The swimming pool and decks must be maintained in a sanitary manner for the protection of pat
9. Pool users must wear swimming suits or swimming trunks upon entry into the pool. Clothing such as cut-offs, gym
10. Food or refreshments may be consumed only in designated areas. Food or refreshments are not permitted on the
11. Use of diving blocks is prohibited - exception only for YMCA Swimming programs
12. Inner tubes, inflated boats, and rafts are not permitted in the pools. Small toys or balls may be allowed in the pool
13. Persons with open sores or skin diseases are not permitted in the pool. Any person how has or have had diarrhe
14. All participants are expected to adhere to the YMCA Code of Conduct. Foul language is prohibited.
15. Bringing any animal, other than a registered service animal, onto the immediate premise or allowing any animal t
16. Smoking (tobacco or electronic) is not permitted anywhere in the facilities, buildings, grounds or parking lots.

Aquatics Guidelines related to children

17. All children 12 years of age and under must have an adult with them on the pool deck when in the YMCA facility.
18. Children 5 years of age and under must be supervised by an adult who is in the water with them. Children NOT p
19. Any child, who cannot swim the length of the pool unassisted, must have an adult in the water with them regardle
20. Only Coast Guard approved and labeled personal flotation devices may be worn with direct adult supervision. Eac

ease consult the pool operator for assistance, if you have questions. Enjoy a safe and fun swim!!!

Follow the following rules and guidelines. We kindly ask that you follow these policies and procedures to ensure a

Swimming without a Ready-To-Rescue Lifeguard present on deck is prohibited.

Swimming in pool area or any acts which would endanger any patron are prohibited.

Swimming is deadly and is not permitted. Hyperventilation is absolutely not permitted. This is a YMCA Regulation

All bathers SHOULD shower before each entrance into the water in order to rinse off perspiration, lotions, sunscreens, etc.

Swimsuits, trunks, and shorts are permitted. Exceptions may be made for participants and spectators of swimming meets or other water sport activities, operating personnel,

and athletic shorts, and underwear is not permitted as swimwear. Clean T-shirts may be worn for modesty or medical reasons but first must be approved by the Manager.

Swimming in pool decks (except plastic bottles of water brought by a patron for personal consumption). Glass containers, alcoholic beverages and

Swimming is at the Manager's discretion.

Swimming in the past two weeks, please do not use the pool.

Swimming to enter the pool water is prohibited.

Swimming untrained need to wear a swim diaper.

Swimming must be of the child's age.

Swimming individual wearing a personal floatation device must be accompanied by an adult in the pool, within arm's reach. No water wings,

fun safe time for all of our participants. Thank you!

iel, personnel engaged in repair work or as approved by the Director.

è sanctioned by the Pool Manager.

and drugs are not permitted in the pool complex.

. back floats, bubbles, ring, swim suit built in flotation or one-sided flotation devices are permitted.