



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

**STRONG
SWIMMERS**
CONFIDENT KIDS



**EXPRESS
SWIM LESSONS**
April 15-19

Spring Break Swim Lessons

YMCA ALEXANDRIA

No school? No Problem!

School may be out, but it is still time to SWIM & PLAY! Swimmers will have a great week learning the basic life-saving skills, stroke basics and have some fun play.

Get ready to have the best week ever!!

Preschool:

- 11-11:30 AM Swim Basic - 02101-60
- 11:30-12 PM Swim Intermediate to Advance — 02201-60

Youth:

- ♦ 11—11:40 AM Swim Basic - 02101-61
- ♦ 11:45—12:25 PM Swim Intermediate to Advance —02201-61

Space Limited.



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