



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2019 Fall Junior Tennis Registration Form

Return this form to the front desk or email to atctennis@ymcadc.org.

Juniors Full Name: _____

School: _____ Date of Birth: _____

Circle membership type: Full Member Program Member (\$45/year)

Circle your Program: Tiny Tots Red Team Orange Team Green Team
HP Green Dot High Performance HP Tournament H S Excellence

Day of week: _____ **Additional Day(s):** _____

Parent / Guardian Full Name: _____

Address: _____

Phone number: _____ Email: _____

Emergency Contact: _____ **Phone:** _____

Payment Information:

Amount: _____ CC #: _____ Exp. Date: ____ / ____

***If paying by check,** please remit amount to YMCA Arlington Tennis & Squash Center.

YMCA Disclaimer: I understand the nature and scope of the program listed. I understand that there are risks and dangers associated with the program. I understand that it is not the function of the YMCA Metropolitan Washington its employees, agents, operators or instructors to guarantee the safety of participants with respect to the program above. I also understand that each participant has the responsibility to exercise due care in the performance of the activities/program for the safety of himself/herself and the other participants. In consideration of the participants being permitted to enroll in the program, I hereby release, indemnify and hold harmless the YMCA, its employees, contractors, subcontractors, operators and instructors from any and all claims and demands, costs, charges and expenses for harm, injury, damage or loss which may be sustained by the participant as a result of, or relating to, participation in the program above. Refunds will only be given for medical reasons (physician's notice may be required for a medical refund). I have read and understand the above liability.

4 Star Tennis Academy of Va LLC: It is understood that the student is in overall good physical health. In the event that there is a physical condition that may limit or restrict participation in certain activities, a physicians note must be presented. Release: In consideration of the tennis training, I agree to hold 4 Star Tennis Academy of Va LLC harmless for injury or loss that may occur as of result of my participation in this activity provide by 4 Star Tennis Academy of Va LLC.

Signature (to be signed by parent / Guardian)

Date: _____





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2019 Fall Junior Tennis Registration

12 & Under

12 & Under (Beginner/Intermediate)

September 9 – December 8 (13 week session)

Tiny tots (4-5 years old): Start your child's tennis career with some serious fun, led by dynamic instructors! Classes will focus on the development of hand-eye coordination, footwork and basic stroke introduction. The main goal of this class is to encourage enthusiasm and love for the sport of tennis, while introducing basic aspects of the sport.

- Class Options: Tuesday 4-5pm or Saturday 1-2pm
- **Full Member:** \$325
- **Program Member:** \$390

Class rates are for one day per week for the session. If you wish to enroll for multiple days, please indicate on registration form.

Red Team (5-8 years old): Students will be using red dot low compression balls while focusing on hand eye coordination, footwork and stroke mechanics. This is the first step in the USTA 10 and Under progression. They will be using mini nets for dynamic drills preparing players for the next level.

- Class Options: Tuesday/Wednesday/Thursday 4-5pm or Saturday 1-2:30pm
- **Full Member:** \$325/ 1 hr classes & \$490/ 1.5 hr classes
- **Program Member:** \$390/1 hr classes & \$585 1.5 hr classes

Class rates are for one day per week for the session. If you wish to enroll for multiple days, please indicate on registration form.

Orange Team (9-10 years old): Students will be using orange dot low compression balls to participate in more advanced footwork and movement drills, as well as enhanced attention to stroke technique. They will use a combination of mini and large nets, to engage in fed & live ball drills.

- Class Options: Tuesday/Wednesday/Thursday 4-5pm or Saturday 1-2:30pm
- **Full Member:** \$325/ 1 hr classes & \$490/ 1.5 hr classes
- **Program Member:** \$390/ 1 hr classes & \$585/ 1.5 hr classes

Class rates are for one day per week for the session. If you wish to enroll for multiple days, please indicate on registration form.

Green Team (10-12 years old): Students will be using green dot low compression balls preparing them to use traditional yellow balls. This is the final step of the USTA 10 and Under program. Solely using the large nets, players will be engaging in more advanced drills, competitive rallying, and will be introduced to match play strategy.

- Class Options: Tuesday/Wednesday/Thursday 4-5pm Saturday 1-2:30pm or Sunday 12-1:30pm
- **Full Member:** \$325/ 1 hr classes & \$490/ 1.5 hr classes
- **Program Member:** \$390/ 1 hr classes & \$585/ 1.5 hr classes

Class rates are for one day per week for the session. If you wish to enroll for multiple days, please indicate on registration form.

Students may make up to two classes per session by contacting Scott.Mcintosh@ymcadc.org

