



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## SILVER SPRING YMCA COMMUNITY IMPACT SUMMARY

**YOUTH DEVELOPMENT:** nurturing children through programs, classes and events that promote character development, healthy lifestyles and academic achievement.

- ✓ Over **4000 youth and teens** who participate in early learning, after school programs, summer camp, swim team, youth sports and aquatics programs.
- ✓ On average, we provide **over \$72,000 in scholarships awarded for children** to participate in subsidized programming for early learning, after school programs, youth sports and aquatic classes
- ✓ The Y offers swim lessons for home school children the serves over 100 children annually

**HEALTHY LIVING:** supporting individuals, seniors, parents and families by providing programs, classes and events for a healthy lifestyle.

- ✓ Over **1,700 members** participate in our Wellness and Aquatics Programs
- ✓ We provide **70 free wellness** classes per weeks to members during the year.
- ✓ Our **Better Balance Class** has enabled **240 seniors to maintain strength and balance** for activities of daily living.
- ✓ Our Y hosts the Sub District Championship Swim Meet for the YMCA Swimming Chesapeake and Potomac Swim League

**SOCIAL RESPONSIBILITY:** partnering with community leaders and organizations to provide leadership and support in addressing the needs of our children, teens and families.

- ✓ The Y provides approximately **\$147,000 in scholarships to those in need**, so they may participate in YMCA membership and programs.
- ✓ YMCA Silver Spring volunteers and partners with **Youth and Family Services** to host the annual **Angel Tree** which provides holiday gifts for **over 100 youth** in Montgomery County.
- ✓ Responded to the devastating apartment fire in Silver Spring by **providing free camp services for affected families** and serving as a donation collection center (collecting soft goods for victims).



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## [INSERT BRANCH NAME] COMMUNITY IMPACT SUMMARY

### PARTNERSHIPS AND COLLABORATIONS: (Max. 5)

- ✓ **JTCC (Junior Tennis Championship Club)** – to deliver tennis instruction through summer camps, clinics and competitive tournaments, to over 350 participants annually.
- ✓ **Kaboom and Delta Airlines** – to replace our aging playground to better youth in our community.
- ✓ **Silgo Creek Elementary School** – to deliver the “**Fun Friday**”– which provides structured, age appropriate physical activity during the school recess time.
- ✓ **Adventist Community Services**– to distribute school supplies to families in need.
- ✓ **Boy scouts**– to provide needed space and facilities for annual badge testing
- ✓ **Kohl’s and Discovery** – hosting volunteers at community events & multi-day projects.
- ✓ Additional partnerships include: Silver Spring Chamber of Commerce ; Silver Spring Rotary Club;

### CONTRIBUTIONS TO YMCA “SIGNATURE PROGRAMS”

- ✓ We implement the **Physical Healthy Driven (PHD)** program with over **60** school-age children to teach creative & fun ways to exercise. Kids participate in exercise from warm-up stretching to high intensity group games.
- ✓ Sends more than **300** kids to the YMCA **Annual Thingamajig Invention Convention** where children create eco-friendly inventions & compete with other young inventors for fun prizes. This event introduces them to the world of STEAM --science, technology, performing arts, aeronautics, engineering, active fitness and play, nutrition, and going green.
- ✓ Along with **12 other Y’s** in the area, we hosts a local annual **Healthy Kids Day**, a free community health event for kids, which encourages healthy habits for children and families, active play and physical activity.
- ✓ Diabetes Prevention Program(**DDPP**)

Commented [CH1]: How many people or classes?