



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SOCCER PROGRAMS

## YMCA SILVER SPRING

FALL I SESSION (9/03—10/27)

FALL II (10/28—12/15)

MONDAY/ THURSDAY/ SATURDAY



LETS KICK OFF! GET READY RUN, SKIP & BACK PEDDLE. BUILD SKILLS, SUCH AS, TRAPPING, PASSING & DRIBBLING. GO THROUGH DRILLS TO DEVELOP FOOTWORK & GAME SITUATIONS TO BUILD TEAM WORK. LEARN SPORTSMANSHIP, PRACTICE METHODS & MORE.

<u>AGES</u>	<u>CLASS</u>	<u>TIMES</u>	<u>LOCATION</u>	<u>DAY</u>	<u>FULL/ PROG</u>
(4—5)	KINDER	4:30—5:15 PM	GYM	MON.	\$88/ \$108
(6—9)	JUNIOR	5:30—6:15 PM	GYM	THU.	\$88 / \$108
(4—10)	FALL LEAGUE	9:00—11:45 AM	FIELD	SAT.	\$90/ \$105

- SNEAKERS OR INDOOR SOCCER BOOTS ARE REQUIRED.
- CLEATS ARE FOR OUTDOOR USE ONLY

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