



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

STARTERS T-BALL

YMCA SILVER SPRING



FALL I SESSION (9/03—10/27)
FALL II (10/28—12/15)
Thursday

LETS PLAY BALL! BUILD SKILLS, SUCH AS, PITCHING, THROWING, CATCHING AND RUNNING BASES. HAVE FUN THROUGH DRILLS TO DEVELOP FOOTWORK & GAME SITUATIONS TO BUILD TEAM WORK. LEARN SPORTSMANSHIP, TEAMWORK & MORE.

AGES	CLASS	TIMES	LOCATION	DAY	FULL/ PROG
(5—7)	STARTERS	4:30—5:15PM	GYM	TUE.	\$88/ \$108

- SNEAKERS AND COMFORTABLE CLOTHING ARE REQUIRED.
- CLEATS ARE FOR OUTDOOR USE ONLY

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