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Registration starts **Aug 1** for Fall I-II and
Oct 1 for Winter I-Spring II
Register at ymcadc.org or 703-525-5420
See Program Guide for Class Descriptions

Class No.	Class Name	Location	Min Age	Max Age	SUN	MON	TUE	WED	THU	FRI	SAT	Begin Time	End Time	Session	Start Date	End Date	No class	Full	Prog.	Teacher
RHYTHMIC GYMNASTICS (5+ years old) Fall I, 2019 - Spring II, 2020																				
08201 32	Novice and level 1	13th Street*	5	18						F		5:00 PM	6:00 PM	Fall I	09/06/19	10/25/19		\$165	\$200	Alina
														Fall II	11/01/19	12/20/19		\$165	\$200	Alina
														Winter I	01/10/20	02/21/20		\$145	\$175	Alina
														Spring I	02/28/20	04/24/20	04/10/20	\$165	\$200	Alina
														Spring II	05/01/20	06/19/20		\$165	\$200	Alina
08201 33	Level 2	13th Street*	5	18	M							5:00 PM	6:00 PM	Fall I	09/09/19	10/21/19		\$145	\$175	Kristina
														Fall II	10/28/19	12/16/19		\$165	\$200	Kristina
														Winter I	01/06/20	02/17/20		\$165	\$200	Kristina
														Spring I	02/24/20	04/20/20	04/06/20	\$165	\$200	Kristina
														Spring II	04/27/20	06/15/20	05/25/20	\$145	\$175	Kristina
08201 34	Levels 3/4 and up	13th Street*	5	18			W					5:00 PM	6:00 PM	Fall I	09/04/19	10/23/19		\$165	\$200	Alina
														Fall II	10/30/19	12/18/19		\$165	\$200	Alina
														Winter I	01/08/20	02/19/20		\$145	\$175	Alina
														Spring I	02/26/20	04/22/20	04/08/20	\$165	\$200	Alina
														Spring II	04/29/20	06/17/20		\$165	\$200	Alina
08201 35	Levels 3/4 and up	13th Street*	5	18						F		6:00 PM	8:00 PM	Fall I	09/06/19	10/25/19		\$305	\$370	Alina
														Fall II	11/01/19	12/20/19		\$305	\$370	Alina
														Winter I	01/10/20	02/21/20		\$270	\$325	Alina
														Spring I	02/28/20	04/24/20	04/10/20	\$305	\$370	Alina
														Spring II	05/01/20	06/19/20		\$305	\$370	Alina

* Classes held at Arlington YMCA, 3422 13th St. N., Arlington, VA 22201

This class (08201 41) is for Intermediate/Advanced gymnasts to work on improving their technique - with a focus on drills with rhythmic

08201 41	Level 3/4 and up	WOODMONT	5	18							Sa	1:30 PM	3:30 PM	Fall I	09/07/19	10/26/19		\$305	\$370	Kristina
														Fall II	11/02/19	12/21/19		\$305	\$370	Kristina
														Winter I	01/04/20	02/22/20		\$305	\$370	Kristina
														Spring I	02/29/20	04/25/20	04/11/20	\$305	\$370	Kristina
														Spring II	05/02/20	06/20/20		\$305	\$370	Kristina

Classes held at Woodmont Gymnastics Center, 2422 N. Fillmore St., Arlington, VA 22207

NOTE: Rhythmic gymnasts must wear a leotard and rhythmic gymnastics shoes and their hair must be in a bun.
Rhythmic shoes and hoop can be purchased at rhythmicgymnastics.com
Annual performance of gymnasts level 3 and up will be held at Woodmont Gymnastics Center on June 6, 2020.