



# YMCA Bethesda-Chevy Chase ADULT TENNIS CLASS

Fall I series is 6 **weeks**  
September 9th – October 20th

## Techniques & Tactics (TNT)

Tennis skills clinic for **1.5 hours** with exceptional stroke & technique instruction followed by coached matched play. Covers all strokes, court positioning, shot placement & strategy.

### DATES/TIMES

Monday	6:00 – 7:30pm	<a href="#">Intermediate [3.0+]</a>
Wednesday	6:00 – 7:30pm	<a href="#">Advanced [3.5+]</a>
Saturday	9:00 – 10:30pm	<a href="#">Beginner (2.0-3.0)</a>

**Full Member: \$180, Program Member: \$210**

### To register:

- Please visit the front desk, or
- Enroll online at [ymcadc.org](http://ymcadc.org) > click [Program Enrollment](#) > [Register](#) > Choose "YMCA Bethesda" > enter keyword "Tennis"