STEVE MARTIN

TENNIS DIRECTOR

Steve's tennis career began in the early 80s as a junior player in the 45tar Tennis Academy. He was ranked top #6 in the Mid Atlantic section throughout his junior tennis career. Next, he went on to graduate from Hampton University on a full tennis scholarship. Steve also spent time as a hitting partner for Stacey Martin while she was on the pro tour. In 1991, Steve joined the 45tar Tennis Academy as a full time tennis coach. He felt a deep desire to share his experience, enthusiasm, and knowledge in helping junior and adult tennis players take their game to the next level. Since 1991, Steve has trained numerous nationally ranked junior tennis players who went on to receive tennis scholarships to college. He coaches many USTA teams using his passion and enthusiasm to make the game competitive and fun.

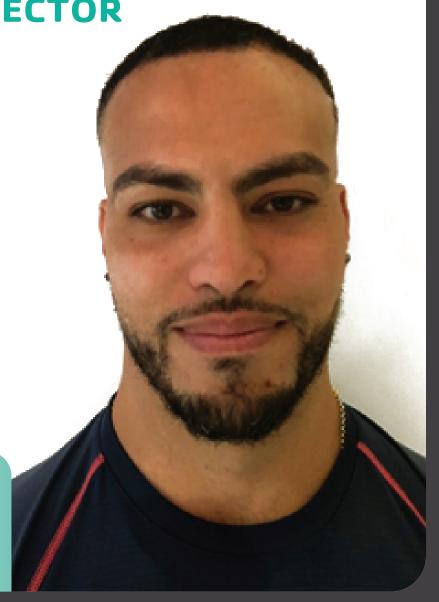


MEHDI GARMA

TENNIS DIRECTOR

Mehdi was born in Morocco, where he began playing tennis at the age of 6. He competed in tournaments both regionally and nationally in his native country. Later, he also competed in tournaments in France, Switzerland and Spain. Mehdi joined 4 star in 2005 as a tennis professional. Mehdi has co-directed the junior Supernats program that helps develop junior tennis players from young tournament players to nationally ranked players. Mehdi has extensive experience in working with multiple adult USTA teams in the region.





SCOTT MCINTOSH

PROGRAM MANAGER

Scott has been teaching tennis for the YMCA since 2005. He played for Bishop O'Connell high school and at Ohio University. He is certified by the Professional Tennis Registry for coaching Adult Development and 10 & Under programs. He specializes in coordinating and directing junior tennis programs and camps for the Y since 2013, and also enjoys teaching adult clinics and lessons.





ENRIQUE LLERENA

TENNIS COACH

Enrique has been teaching tennis for 38 years, beginning back in his home country of Ecuador. Upon arriving to the U.S., Enrique was hired as staff professional in 1994 at the Herndon Community Center. He then coached at Regency Sport & Health Club and assisted in running the junior program. He then worked as a coach for the Arlington Sport & Health, and soon after, promoted to head pro. He has been with the YMCA Arlington Tennis & Squash Center since 2010. He has been certified under PTR for 26 years and regularly attends coaching workshops to share the best coaching practices with his clients.





ALBERT BELLO

TENNIS COACH

Albert has been certified by PTR for decades and competed in various USTA sanctioned sectional tournaments between 1986 to 2010. Before the Y, Albert worked as a teaching pro at Annandale Sports & health, Crystal Gateway Sport & Health, Skyline Sports & Health, Regency, Belle Haven country club and, now the YMCA for 16 years. He is very passionate about sharing the lifetime sport of tennis to players of all ages.





DEBBY BROADUS

TENNIS COACH

Debra Broadus (a.k.a. Coach D) is a Certified Professional Tennis Coach (PTR) with over 25 years of teaching experience. Coach D has developed and managed top juniors, collegiate and USTA Adult tennis players to Regional, Sectional and National Championships. She is very passionate about bringing a sense of fun to the game and has a special ability to connect with people of all ages and ability levels.





GILBERT CHEN

TENNIS COACH

Gilbert is a certified tennis instructor and racquet stringer with more than 25 years of coaching experience with various tennis clubs and facilities in the Northern Virginia vicinity. Gilbert's specialty is in offering interactive live ball drills and cardio workout clinics for intermediate and advanced adult tennis players. He is also experienced in teaching junior players the basic fundamentals of tennis in a fun and interactive environment. He has been registered with the Professional Tennis Registry since 2007. Gilbert is also a Master Racquet Technician certified by the United States Racquet Stringers Association (USRSA).





FRED DELASOBERA

TENNIS COACH

As a junior, Fred played at the highest ranking level in South America. Since graduating from the University of Central Florida, Coach Fred has developed many nationally ranked junior players. With a love for tennis and a passion for coaching, Fred enjoys working with children and adults of all levels.



