



# OCTOBER 2019

YMCA ARLINGTON



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Did you know that October is National Family Health Month?

Come celebrate with us all month long at YMCA Arlington!

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National Smile Day :)

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National Children Health Day

National STOP Bullying Day

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Columbus Day Regular Hours & Schedule School's Out Day Camp

Flu Shot Clinic 9:00-11:00 am, 5:00-7:00 pm

National LGBT Center Awareness Day

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26

Make a Difference Day

School's Out Day Camp

Spooktacular Cycle

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Fall II Programs Begin

Happy Halloween!