



# A LETTER FROM OUR PRESIDENT & CEO

Angie L. Reese-Hawkins



The Y's summer day and resident camps provide structural opportunities for children to learn life lessons beyond the classroom. For over 160 years, the Y has impacted the lives of millions of children in the Washington, D.C. metropolitan area. As a nonprofit charity organization, the Y's camps provide services that foster a child's emotional intelligence, self-confidence, independence, healthy living and environmental awareness. They promote a love for learning and develop compassionate and cause-driven leaders. Our programs prevent summertime learning loss and help to fill the learning gap for over 2,000 children when they are away from the classroom, through enrichment programs that encourage reading and STEAM learning. Safety is also an important factor in our staff training. The Y's staff receives both domestic and international background checks along with continuous training throughout the year to help staff to be better stewards of your child's safety and well-being.

From the start of camp until the end, your child becomes a vital part of a caring community. That's what makes the Y special. Our doors are open to everyone so that together children can grow into adulthood with confidence and a passion for giving back to the community. Find out more about the Y's services and how you can be a part of the Y family as a volunteer or member.

Sign-up for summer camp today! Have a great summer and remember The Y. "For a Better Us."

Make this the BEST.SUMMER.EVER!

Best,

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**Angie L. Reese-Hawkins**President and Chief Executive Officer

### **Commitment to America**

The Y's Commitment to America is developing a new generation of change-makers who will create communities we want to live in. Commitment to America helps young people grow into thriving adults that transform communities through financial literacy, STEM leadership, bridging social divide and giving back.











## **TRAVEL CAMPS**

Travel Camp takes to the road with a combination of activities in our camp facilities and exciting field trips. Campers experience new field trips every day with trained camp counselors to ensure your child's safety. Trip destinations include, roller and ice-skating, historical destinations, amusement parks, outdoor adventures, swim destinations, and so much more!

## **OUTDOOR DAY CAMP**

Outdoor Day Camp captures the fun and freedom of the outdoors! Campers learn to respect and appreciate nature through fun adventures like hiking, fishing, creeking, archery, canoeing, wilderness projects and environmental education, arts and crafts, swimming, camp songs, and more! Skilled Y camp staff lead small groups in new activities every week.

# **EXPERIENCE YMCA CAMP LETTS**

Experience the Adventure of Overnight Camp! If your child enjoys the great outdoors, YMCA Camp Letts is located just minutes away from Washington, D.C. Camp Letts includes summer day and overnight programs for children ages 6-17 that feature horseback riding, sailing, archery, and more. For more information, go to campletts.org or call 1.866.963.6000.

### **TENNIS CAMPS** INFORMATION COMING SOON!

Our certified tennis coaches help campers learn fundamentals through drills, games, and friendly competition adapted to age and skill level. Meanwhile, your child creates lasting friendships and memories while practicing sportsmanship in a safe and fun environment. Email atctennis@ymcadc.org to learn more about YMCA tennis programs happening in 2020.

# **4STAR TENNIS ACADEMY**

Over 400 of 4Star's graduates have gone on to play in college (including 23 for the University of Virginia and 36 for Ivy League Universities) and several have competed on the pro tour (including Grand Slam events). 4Star instructors lead YMCA Summer Tennis Camps at YMCA Arlington Tennis Center, YMCA Alexandria, and YMCA Bethesda-Chevy Chase.

# TRADITIONAL CAMPS

Traditional Camps are a great option for the first time camper or the camper with too many interests to choose just one. Campers enjoy arts & crafts, active group games, science experiments, cooking projects, field trips, swimming, and more. PLUS, camp themes change each week so campers are always experiencing something new and exciting!



### **SPECIALTY CAMPS**

Does your camper dream of being an actor, chef, or magician? In Specialty Camp, campers can develop a greater passion for the things they love or can try out something new! Day campers spend approximately two hours of each day in their specialized activity, with the remainder of the day spent enjoying Traditional Camp activities.



## **SPORTS CAMPS**

Sports Camp emphasizes team work, sportsmanship, and basic fundamentals. Part of the day will focus on skills and drills, educational games, and scrimmages while the rest of the day focuses on traditional camp activities. For a higher level of sports instruction, try Sports Academy where camps are taught by skilled athletes and coaches, eager to share their expertise.



# **LEADERSHIP (CIT)**

Future leaders experience a week of training in working with 5-12 year olds - leading camp songs, games & crafts and learning the basics in First Aid & CPR (not a certification course). Participants will assist with the daily operations of traditional and aquatics camps; providing hands-on job experience while under the supervision of camp staff.



# **AOUATIC CAMPS**

Have fun and keep cool this summer! Aquatic Camps are perfect for children of all ages. Each camper will spend at least two session blocks in the pool participating in a daily lesson, aquatic games, and free swim, learning important life skills. Campers are swim tested daily and placed in color-coded groups based on age and ability.



# **WAYS TO REGISTER**

### 1. ONLINE

You can register online through Easy-to-Enroll.

- Visit www.ymcadc.org/summercamp
- Select a branch
- Browse camp options
- Select your camp by clicking 'register now'
- In Easy-to-Enroll, select 'add' to place item in cart
- When ready to check out, follow prompt to create user name or enter your user name to move to checkout
- WAIT! You're ALMOST DONE! After checkout, a camp registration packet for health and other pertinent info MUST BE filled out and turned into the branch.

If you have problems, please contact the branch directly for assistance. To save time, you can download the summer camp registration packet at www.ymcadc.org and drop the completed packet off at your local Y.

### 2. AT THE BRANCH

Visit your local Y branch to pick up a registration packet.

# **REGISTRATION OPENS**

October 1, 2019

Early Bird Rate: Register by 01/01/20 and save 5%! \*If you change camps after the early bird registration you will have to pay the difference in camp fees.

### **OPEN HOUSE: TALK TO A CAMP EXPERT**

Hosted at YMCA Alexandria from 12:00pm - 2:00pm: November 21, 2019 December 19, 2019 January 20, 2020 February 17, 2020 March 17, 2020 **April 25, 2020** 

### **CAMP HOURS**

9:00am - 4:00pm

### **CAMP AGES**

**4-12 years old.** (4 year olds must turn 5 by 9/30/20 and be eligible to enter kindergarten).

Leadership: 13-15 years old.

### **EXTENDED HOURS**

**Before-Care:** 7:00am - 9:00am **After-Care:** 4:00pm - 6:30pm **Location:** YMCA Alexandria

Our extended hours program offers quality care for your child before and after the camp day. Activities may include sports, arts & crafts, and more! We offer this convenient service at the same location as each of our camp programs.

FEES	Full Member	Program Member
Before & After-Care (per week)	\$60.00	\$75.00

# **NEW PARENT ORIENTATION & OPEN HOUSE**

New to camp and want to get the lay of the land? Our directors have you covered. Come to our orientation and open house and we will get you familiar with our policies, procedures, and show you all the ways your child is going to have a great time this summer.

**June 13, 2020** 10:00am – 12:00pm **June 14, 2020** 10:00am - 12:00pm





# 2020 YMCA ALEXANDRIA SUMMER DAY CAMP

	SESSION A		ION A	SESSION B		SESSION C		SESSION D		SESSION E		
		AGES	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10
			6/22 - 6/26	6/29 - 7/3	7/6 - 7/10	7/13 - 7/17	7/20 - 7/24	7/27 - 7/31	8/3 - 8/7	8/10 - 8/14	8/17 - 8/21	8/24 - 8/28
	Traditional Full Day (\$225/259)	4-5 Years	Mini Under the Big Top	Mini From Sea to Shining Sea	Mini Dr. Seuss on the Loose	Mini Recyclemania	Mini It's A Thingamajig	Mini Y Olympics	Mini Under the Sea	Mini Space Invaders	Mini Treasure Island	Mini Summer Fiesta
		6-8 Years	Junior Under the Big Top	Junior From Sea to Shining	Junior Dr. Seuss on the Loose	Junior Recyclemania	Junior It's A Thingamajig	Junior Y Olympics	Junior Under the Sea	Junior Space Invaders	Junior Treasure Island	Junior Summer Fiesta
		9-12 Years	Senior At the Movies	Senior From Sea to Shining Sea	Senior Every Day is a Holiday	Senior Recyclemania	Senior It's A Thingamajig	Senior Y Olympics	Senior Nature Rules	Senior Once Upon a Y	Captain Y & the Superheroes	Senior Summer Fiesta
	Leadership (\$169/194)	13-15 Years	Counselor in Training	Counselor in Training	Counselor in Training	Counselor in Training	Counselor in Training	Counselor in Training	Counselor in Training	Counselor in Training	Counselor in Training	Counselor in Training
	Sports (\$248/285)	5-8 Years	Junior Sports Festival	Junior Soccer	Junior Basketball	Junior Cheer/Dance	Junior Sports Festival	Junior Soccer	Junior Basketball	Junior Cheer/Dance	Junior Sports Festival	
-		8-12 Years	Senior Sports Festival	Senior Basketball	Senior Soccer	Senior Sports Festival	Senior Baksetball	Senior Soccer	Senior Sports Festival	Senior Soccer	Senior Sports Festival	
	Specialty	5-8 Years	Let's Paint	Lego Buidlers	Icky Sticky Creations	Recyclin' Art	Savor the Flavor	Lego Builders	Let's Paint	Savor the Flavor		
	(\$259/29 <sup>8</sup> )	8-12 Years	Savor the Flavor	Duct Tape Creations	Just Build It	Savor the Flavor	Adventures in Art	Construction Junction	Kids Gone Crafty	Goop & Magical Solutions		
	Travel (\$315/362)	6-12 Years	Adventure Sampler	Destination DC	Aqua Advenutures	Outdoor Adventures	Adventure Sampler	Destination DC	Aqua Advenutures	Outdoor Adventures		
	Horseback (\$450/518)	6-12 Years		Horseback Riding		Horseback Riding		Horseback Riding		Horseback Riding		
	Aquatics (Session: \$259/298)	4-5 Years	Mini Aquatics	Mini Aquatics	Mini Aquatics	Mini Aquatics	Mini Aquatics	Mini Aquatics	Mini Aquatics	Mini Aquatics	Mini Aquatics	Mini Aquatics
-1		6-8 Years	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics
		9-12 Years	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics
	(Full Privilege Member Rate/Pr	ogram Member Rat	te) *4 year olds are eligible to register for camp if they are turning 5 by September 30, 2020 and are eligible to enter Kindergarten. Thingamajig Invention Convention: Thursday, 7/23						, 7/23	////	/ / /	





Time to tinker, make and create the latest and greatest "Thing" for the THINGAMAJIG® Invention Convention scheduled Thursday, July 23, 2020 at the Show Place Arena. Thingamajig Ready Prep will help the Y's summer day campers explore the world of invention and innovation with loads of fun and engaging activities that foster the curiosity and creativity of tomorrow's leaders.

Children will design and create a cool gadget and learn to use reverse engineering; renew, reuse, redo and use real life problem-solving to design and build something amazing. THINGAMAJIG® Prep teaches children to:

- Learn the importance of collaboration, teamwork and celebrating your creative nature.
- Learn how to use tools safel
- Pitch their invention while participating in the THINGAMAJIG® minimajig

After participating in Thingamajig Ready Prep, children will be ready & excited for THINGAMAJIG®!