



# A LETTER FROM OUR PRESIDENT & CEO

Angie L. Reese-Hawkins



The Y's summer day and resident camps provide structural opportunities for children to learn life lessons beyond the classroom. For over 160 years, the Y has impacted the lives of millions of children in the Washington, D.C. metropolitan area. As a nonprofit charity organization, the Y's camps provide services that foster a child's emotional intelligence, self-confidence, independence, healthy living and environmental awareness. They promote a love for learning and develop compassionate and cause-driven leaders. Our programs prevent summertime learning loss and help to fill the learning gap for over 2,000 children when they are away from the classroom, through enrichment programs that encourage reading and STEAM learning. Safety is also an important factor in our staff training. The Y's staff receives both domestic and international background checks along with continuous training throughout the year to help staff to be better stewards of your child's safety and well-being.

From the start of camp until the end, your child becomes a vital part of a caring community. That's what makes the Y special. Our doors are open to everyone so that together children can grow into adulthood with confidence and a passion for giving back to the community. Find out more about the Y's services and how you can be a part of the Y family as a volunteer or member.

Sign-up for summer camp today!  
Have a great summer and remember The Y. "For a Better Us."

**Make this the BEST.SUMMER.EVER!**

Best,

**Angie L. Reese-Hawkins**  
President and Chief Executive Officer

### Commitment to America

The Y's Commitment to America is developing a new generation of change-makers who will create communities we want to live in. Commitment to America helps young people grow into thriving adults that transform communities through financial literacy, STEM leadership, bridging social divide and giving back.



### TRAVEL CAMPS

Travel Camp takes to the road with a combination of activities in our camp facilities and exciting field trips. Campers experience new field trips every day with trained camp counselors to ensure your child's safety. Trip destinations include, roller and ice-skating, historical destinations, amusement parks, outdoor adventures, swim destinations, and so much more!



### OUTDOOR DAY CAMP

Outdoor Day Camp captures the fun and freedom of the outdoors! Campers learn to respect and appreciate nature through fun adventures like hiking, fishing, creek, archery, canoeing, wilderness projects and environmental education, arts and crafts, swimming, camp songs, and more! Skilled Y camp staff lead small groups in new activities every week.



### EXPERIENCE YMCA CAMP LETTS

Experience the Adventure of Overnight Camp! If your child enjoys the great outdoors, YMCA Camp Letts is located just minutes away from Washington, D.C. Camp Letts includes summer day and overnight programs for children ages 6-17 that feature horseback riding, sailing, archery, and more. For more information, go to [completts.org](http://completts.org) or call **1.866.963.6000**.



### TENNIS CAMPS

At Tennis Camp, our certified tennis coaches help campers learn and improve their skills on-court, while creating lasting friendships and memories. Your child will learn the fundamentals of the game through drills, games, and friendly competition adapted to age and skill level while practicing sportsmanship in a safe and fun environment. Staff to participant ratio is 1:6.

### 4STAR TENNIS ACADEMY

Over 400 of 4Star's graduates have gone on to play in college (including 23 for the University of Virginia and 36 for Ivy League Universities) and several have competed on the pro tour (including Grand Slam events). 4Star instructors lead YMCA Summer Tennis Camps at YMCA Arlington Tennis Center, YMCA Alexandria, and YMCA Bethesda-Chevy Chase.



# SUMMER DAY CAMP CATEGORIES \*NOT ALL CAMPS AVAILABLE AT ALL LOCATIONS

# IMPORTANT DAY CAMP INFORMATION

## TRADITIONAL CAMPS

Traditional Camps are a great option for the first time camper or the camper with too many interests to choose just one. Campers enjoy arts & crafts, active group games, science experiments, cooking projects, field trips, swimming, and more. PLUS, camp themes change each week so campers are always experiencing something new and exciting!



## SPECIALTY CAMPS

Does your camper dream of being an actor, chef, or magician? In Specialty Camp, campers can develop a greater passion for the things they love or can try out something new! Day campers spend approximately two hours of each day in their specialized activity, with the remainder of the day spent enjoying Traditional Camp activities.



## SPORTS CAMPS

Sports Camp emphasizes team work, sportsmanship, and basic fundamentals. Part of the day will focus on skills and drills, educational games, and scrimmages while the rest of the day focuses on traditional camp activities. For a higher level of sports instruction, try Sports Academy where camps are taught by skilled athletes and coaches, eager to share their expertise.



## LEADERSHIP (CIT)

Future leaders experience a week of training in working with 5-12 year olds - leading camp songs, games & crafts and learning the basics in First Aid & CPR (not a certification course). Participants will assist with the daily operations of traditional and aquatic camps; providing hands-on job experience while under the supervision of camp staff.



## AQUATIC CAMPS

Have fun and keep cool this summer! Aquatic Camps are perfect for children of all ages. Each camper will spend at least two session blocks in the pool participating in a daily lesson, aquatic games, and free swim, learning important life skills. Campers are swim tested daily and placed in color-coded groups based on age and ability.



## WAYS TO REGISTER

### 1. ONLINE

You can register online through Easy-to-Enroll.

- Visit [www.ymcadc.org/summercamp](http://www.ymcadc.org/summercamp)
- Select a branch
- Browse camp options
- Select your camp by clicking 'register now'
- In Easy-to-Enroll, select 'add' to place item in cart
- When ready to check out, follow prompt to create user name or enter your user name to move to checkout
- **WAIT!** You're ALMOST DONE! After checkout, a camp registration packet for health and other pertinent info **MUST BE** filled out and turned into the branch.

If you have problems, please contact the branch directly for assistance. To save time, you can download the summer camp registration packet at [www.ymcadc.org](http://www.ymcadc.org) and drop the completed packet off at your local Y.

### 2. AT THE BRANCH

Visit your local Y branch to pick up a registration packet.

## REGISTRATION OPENS

**October 1, 2019**

**Early Bird Rate: Register by 01/01/20 and save 5%!**

## OPEN HOUSE: TALK TO A CAMP EXPERT

Hosted at YMCA Arlington from 5:00pm - 7:00pm:

**January 8, 2020**

**February 19, 2020**

**March 18, 2020**

**May, 13, 2020**

## CAMP HOURS

9:00am – 4:00pm

## TRAVEL/OUTDOOR CAMP HOURS

9:00am – 4:30pm

## EXTENDED HOURS

**Before-Care:** 7:00am – 9:00am

**After-Care:** 4:00pm – 6:30pm

(or 4:30 pm – 6:30 pm for Travel/Outdoor Camps)

**Location:** Same as camp location

Our extended hours program offers quality care for your child before and after the camp day. Activities may include sports, arts & crafts, and more! We offer this convenient service at the same location as each of our camp programs.

## FEES

	Full Member	Program Member
Before-Care (per week)	\$40.00	\$45.00
After-Care (per week)	\$50.00	\$55.00
Before & After-Care (per week)	\$90.00	\$100.00

## NEW PARENT ORIENTATION & OPEN HOUSE

**New to camp and want to get the lay of the land?**

Our directors have you covered. Come to our orientation and open house and we will get you familiar with our policies, procedures, and show you all the ways your child is going to have a great time this summer.

**June 6, 2020** 12:00pm -3:00pm

**June 13, 2020** 12:00pm -3:00pm



# 2020 YMCA ARLINGTON SUMMER DAY CAMP

			SESSION A		SESSION B		SESSION C		SESSION D		SESSION E		
AGES	MINI WEEK		WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	WEEK 11
	6/15 - 6/19		6/22 - 6/26	6/29 - 7/3	7/6 - 7/10	7/13 - 7/17	7/20 - 7/24	7/27 - 7/31	8/3 - 8/7	8/10 - 8/14	8/17 - 8/21	8/24 - 8/28	8/31 - 9/4
<b>YMCA ARLINGTON</b>													
Traditional (\$225/259)	5-8 Years	Summer Fiesta	Captain Y & Super Heroes	Sea to Shinning Sea	Dr. Seuss	Everyday is a Holiday	It's a Thingamajig	Exploring the World	Nature Rules	Aloha Splash	Jungle Safari	Shark Week	
Leadership (\$169/194)	14-15 Years			Counselors-In-Training	Counselors-In-Training		Counselors-In-Training	Counselors-In-Training		Counselors-In-Training	Counselors-In-Training		
	13 Years		Leaders-In-Training	Leaders-In-Training	Leaders-In-Training	Leaders-In-Training	Leaders-In-Training	Leaders-In-Training	Leaders-In-Training	Leaders-In-Training			
Aquatics (Session: \$518/596)	5-6 Years		Mini Aquatics		Mini Aquatics		Mini Aquatics		Mini Aquatics		Mini Aquatics		
	6-12 Years		Aquatics		Aquatics		Aquatics		Aquatics		Aquatics		
<b>OFFSITE #1</b>													
Travel (\$315/362) Horseback (\$450/518) Teen Travel (\$315/362)	5-8 Years		Pony Camp	Camp Kirkwood	Pony Camp	Camp Kirkwood	Pony Camp	Camp Kirkwood	Pony Camp	Camp Kirkwood	Pony Camp		
	5-8 Years		Junior Travel	Junior Travel	Junior Travel	Junior Travel	Junior Travel	Junior Travel	Junior Travel	Junior Travel	Junior Travel	Junior Travel	
	8-12 Years	Camp Kirkwood	Camp Kirkwood	Horseback Riding	Camp Kirkwood	Horseback Riding	Camp Kirkwood	Horseback Riding	Camp Kirkwood	Horseback Riding	Camp Kirkwood		
	8-12 Years		Senior Travel	Senior Travel	Splash Bash	Senior Travel	Senior Travel	Senior Travel	Splash Bash	Senior Travel	Senior Travel	Senior Travel	
	13-15 Years		Teen Travel		Teen Travel		Teen Travel		Teen Travel		Teen Travel		Teen Travel
<b>OFFSITE #2</b>													
Specialty (\$259/298)	5-8 Years		Adventures in Art	Art in 3D	Let's Paint	Smart Art	Art-O-Gami	Adventures in Art	Art in 3D	Let's Paint			
	5-8 Years		Art in 3D	Savor The Flavor	Let's Paint	Recyclin' Art	Art in 3D	Kids Gone Crafty	Smart Art	Let's Paint			
	5-8 Years		Savor The Flavor	Savor The Flavor	Savor The Flavor	Let's Paint	Savor The Flavor	Let's Paint	Savor The Flavor	Recyclin' Art			
	5-8 Years		Arlington's Got Talent	Crime Scene Science	Game Lab	Green Thumbs Up!	Arlington's Got Talent	Duct Tape Creations	Green Thumbs Up!	Curtain Call			
	8-12 Years		Soaring High	Curtain Call	Art-O-Gami	Sensational Sciences	Soaring High	Crime Scene Science	Art-O-Gami	Sensational Sciences			
	8-12 Years		Lets Paint	Crime Scene Science	Mad Science	Kids Gone Crafty	Let's Paint	Curtain Call	Duct Tape Creations	Art in 3D			
Sports (\$248/285)	5-8 Years		All Star Sports Jr.	All Star Sports Jr.	All Star Sports Jr.	All Star Sports Jr.	All Star Sports Jr.	All Star Sports Jr.	All Star Sports Jr.	All Star Sports Jr.	All Star Sports Jr.		
	5-8 Years		Soccer	Basketball	Havin' A Ball	Flag Football	Soccer	Basketball	Havin' A Ball	Flag Football			
	5-8 Years		Cheerleading	Dance	Flag Football	Cheerleading	Ballet	Street Jam	Cheerleading	Ballet			
	8-12 Years		All Star Sports Sr.	All Star Sports Sr.	All Star Sports Sr.	All Star Sports Sr.	All Star Sports Sr.	All Star Sports Sr.	All Star Sports Sr.	All Star Sports Sr.	All Star Sports Sr.		
	8-12 Years		Archery	Ultimate Frisbee	Archery	Soccer	Archery	Cheerleading	Archery	Soccer			
	8-12 Years		Basketball	Cheerleading	Biking	Floor Hockey	Martial Arts	Biking	Basketball	Martial Arts			
<b>WAKEFIELD HIGH SCHOOL</b>													
Sports (\$248/285)	5-8 Years			Sports Festival	Sports Festival	Sports Festival	Sports Festival	Sports Festival	Sports Festival				
	8-12 Years			Foolball Academy	Basketball Academy	Soccer Academy	Martial Arts	Foolball Academy	Basketball Academy				
<b>WESTOVER BAPTIST CHURCH</b>													
Specialty (\$259/298)	5-8 Years									Let's Paint	Smart Art	Kids Gone Crafty	Best of the Best
	8-12 Years									Kids Gone Crafty	Let's Paint	Art-O-Gami	Best of the Best
Sports (\$248/285)	5-8 Years									Floor Hockey	All Star Sports Jr.	All Star Sports Jr.	Best of the Best
	8-12 Years									Ultimate Frisbee	All Star Sports Sr.	All Star Sports Sr.	Best of the Best
<b>WOODMONT PROGRAM CENTER</b>													
Gymnastics (\$365/420) Half Day (\$190/219)	6-12 Years		Gymnastics Academy	Gymnastics Academy	Gymnastics Academy	Gymnastics Academy	Gymnastics Academy	Gymnastics Academy	Gymnastics Academy	Gymnastics Academy	Gymnastics Academy	Gymnastics Academy	Gymnastics Academy
	5 Years			Half Day Gymnastics	Half Day Gymnastics		Half Day Gymnastics	Half Day Gymnastics		Half Day Gymnastics			
<b>YMCA ARLINGTON TENNIS &amp; SQUASH CENTER</b>													
Tennis Tiny Tots (\$220/255) Indoor (\$425/475) Outdoor (\$310/355)	4-5 Years			Tiny Tots	Tiny Tots		Tiny Tots		Tiny Tots				
	6-15 Years	Indoor Tennis Academy	Indoor Tennis Academy	Indoor Tennis Academy	Indoor Tennis Academy	Indoor Tennis Academy	Indoor Tennis Academy	Indoor Tennis Academy	Indoor Tennis Academy	Indoor Tennis Academy	Indoor Tennis Academy	Indoor Tennis Academy	Indoor Tennis Academy
	6-15 Years		Outdoor Tennis Academy	Outdoor Tennis Academy	Outdoor Tennis Academy	Outdoor Tennis Academy	Outdoor Tennis Academy	Outdoor Tennis Academy	Outdoor Tennis Academy	Outdoor Tennis Academy	Outdoor Tennis Academy	Outdoor Tennis Academy	Outdoor Tennis Academy
<small>(Full Privilege Member Rate/Program Member Rate) Thingamajig Invention Convention: Thursday, 7/23</small>													



Time to tinker, make and create the latest and greatest "Thing" for the **THINGAMAJIG® Invention Convention** scheduled **Thursday, July 23, 2020 at the Show Place Arena**. Thingamajig Ready Prep will help the Y's summer day campers explore the world of invention and innovation with loads of fun and engaging activities that foster the curiosity and creativity of tomorrow's leaders. Children will design and create a cool gadget and learn to use reverse engineering; renew, reuse, redo and use real life problem-solving to design and build something amazing.

### THINGAMAJIG® Prep teaches children to:

- Learn the importance of collaboration, teamwork and celebrating your creative nature.
- Learn how to use tools safely
- Pitch their invention while participating in the THINGAMAJIG® minimajig

After participating in Thingamajig Ready Prep, children will be ready & excited for THINGAMAJIG®!

FOR INDIVIDUAL CAMP DESCRIPTIONS AND TO REGISTER, VISIT OUR WEBSITE, [WWW.YMCADC.ORG](http://WWW.YMCADC.ORG)