



A LETTER FROM OUR PRESIDENT & CEO

Angie L. Reese-Hawkins



The Y's summer day and resident camps provide structural opportunities for children to learn life lessons beyond the classroom. For over 160 years, the Y has impacted the lives of millions of children in the Washington, D.C. metropolitan area. As a nonprofit charity organization, the Y's camps provide services that foster a child's emotional intelligence, self-confidence, independence, healthy living and environmental awareness. They promote a love for learning and develop compassionate and cause-driven leaders. Our programs prevent summertime learning loss and help to fill the learning gap for over 2,000 children when they are away from the classroom, through enrichment programs that encourage reading and STEAM learning. Safety is also an important factor in our staff training. The Y's staff receives both domestic and international background checks along with continuous training throughout the year to help staff to be better stewards of your child's safety and well-being.

From the start of camp until the end, your child becomes a vital part of a caring community. That's what makes the Y special. Our doors are open to everyone so that together children can grow into adulthood with confidence and a passion for giving back to the community. Find out more about the Y's services and how you can be a part of the Y family as a volunteer or member.

Sign-up for summer camp today!
Have a great summer and remember The Y. "For a Better Us."

Make this the BEST.SUMMER.EVER!

Best,

Angie L. Reese-Hawkins

Angie L. Reese-Hawkins
President and Chief Executive Officer

Commitment to America

The Y's Commitment to America is developing a new generation of change-makers who will create communities we want to live in. Commitment to America helps young people grow into thriving adults that transform communities through financial literacy, STEM leadership, bridging social divide and giving back.



At Tennis Camp, our certified tennis coaches help campers learn and improve their skills on-court, while creating lasting friendships and memories. Your child will learn the fundamentals of the game through drills, games, and friendly competition adapted to age and skill level while practicing sportsmanship in a safe and fun environment. Staff to participant ratio is 1:6.



4STAR TENNIS ACADEMY

Over 400 of 4Star's graduates have gone on to play in college (including 23 for the University of Virginia and 36 for Ivy League Universities) and several have competed on the pro tour (including Grand Slam events). 4Star instructors lead YMCA Summer Tennis Camps at YMCA Arlington Tennis Center, YMCA Alexandria, and YMCA Bethesda-Chevy Chase.

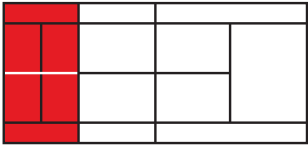


EXPERIENCE YMCA CAMP LETTS

Experience the Adventure of Overnight Camp! If your child enjoys the great outdoors, YMCA Camp Letts is located just minutes away from Washington, D.C. Camp Letts includes summer day and overnight programs for children ages 6-17 that feature horseback riding, sailing, archery, and more. For more information, go to completts.org or call 1.866.963.6000.

RED BALL

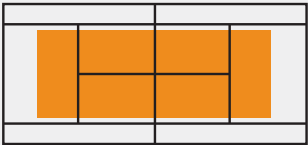
Campers learn basic technique and accuracy while developing athletic skills in a fun environment. Campers use racquets sized for small hands and, while playing on a small court, use slower balls that are easier to hit, building confidence in their game. **Usually, players are ages 4-5.**



- **Court:** 36’ Red Court
- **Ball:** Foam/Red low compression
- **Racquet:** 19” or 21” length

ORANGE BALL

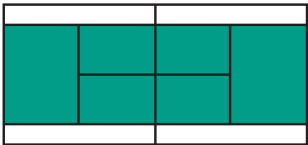
Divided into two levels, Orange is for both beginner and intermediate 10 and under campers ready to play on a slightly larger court. The classes are designed to continue building athletic skills while learning or refining the skills necessary to serve, rally and score. **Usually, players are ages 6-8.**



- **Court:** 60’ Orange Court
- **Ball:** Orange low compression
- **Racquet:** 23” or 25” length

GREEN BALL

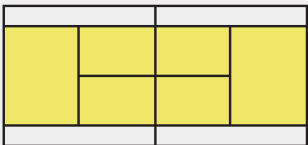
Green is designed for beginner to intermediate level campers. Green is taught using a rally based curriculum and focuses on developing sending and receiving skills, sound footwork, racquet mechanics and incorporating comparable athletic skills developed in other sports. Campers learn how to properly position themselves to execute ground strokes and volleys, hit with purpose, serve and ultimately sustain a rally of varying speed and duration. **Usually, players are ages 9-12.**



- **Court:** 78’ Full Size
- **Ball:** Green dot low compression (slightly less bounce)
- **Racquet:** 26” or 27” length

YELLOW BALL

Campers in Yellow aspire to compete in USTA sanctioned tournaments and/or participate in interscholastic competition. Practice consists of agility, balance and coordination fitness sessions followed by tennis training focused on stroke development, strategy and tactics for singles and doubles. **Usually, players are 11 and over.**



- **Court:** 78’ Full Size
- **Ball:** Yellow
- **Racquet:** 27” Full Size

IMPORTANT DAY CAMP INFORMATION

WAYS TO REGISTER

- 1. ONLINE**
You can register online through Easy-to-Enroll.
- Visit www.ymcadc.org/summercamp
 - Select a branch
 - Browse camp options
 - Select your camp by clicking ‘register now’
 - In Easy-to-Enroll, select ‘add’ to place item in cart
 - When ready to check out, follow prompt to create user name or enter your user name to move to checkout
 - **WAIT!** You’re ALMOST DONE! After checkout, a camp registration packet for health and other pertinent info MUST BE filled out and turned into the branch.

If you have problems, please contact the branch directly for assistance. To save time, you can download the summer camp registration packet at www.ymcadc.org and drop the completed packet off at your local Y.

- 2. AT THE BRANCH**
Visit your local Y branch to pick up a registration packet.

REGISTRATION OPENS

October 1, 2019
Early Bird Rate: Register by 01/01/20 and save 5%!

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TALK TO A TENNIS EXPERT

Meet our Tennis Camp Directors!

To schedule a time to speak with one of our coaches at any of our locations, please call 703-522-1700.

TENNIS CAMP HOURS

- YMCA Arlington Tennis Center:** 9:00am – 4:00pm
Tiny Tots (ATC): 9:00am – 12:00pm
Bluemont: 9:00am – 3:00pm
YMCA Silver Spring: 9:00am – 4:00pm
YMCA Bethesda-Chevy Chase: 9:00am – 4:00pm
Tiny Tots (BCC): 9:00am – 12:00pm

EXTENDED HOURS

- Before-Care:** 7:00am – 9:00am
After-Care: 4:00pm – 6:30pm
Location: Same as camp location.

Our extended hours program offers quality care for your child before and after the camp day. Activities may include sports, arts & crafts, and more! We offer this convenient service at the same location as each of our camp programs.

	Full Member	Program Member
Arlington Before-Care <small>(per week)</small>	\$45.00	\$55.00
Arlington After-Care <small>(per week)</small>	\$50.00	\$60.00
B-CC Before-Care <small>(per week)</small>	\$50.00	\$55.00
B-CC After-Care <small>(per week)</small>	\$55.00	\$60.00
SS After-Care <small>(per week)</small>	\$48.00	\$58.00
SS Before-Care <small>(per week)</small>	\$48.00	\$58.00



2020 YMCA SUMMMER TENNIS CAMP

	AGES	MINI WEEK	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10	WEEK 11
		6/15 - 6/19	6/22 - 6/26	6/29 - 7/3	7/6 - 7/10	7/13 - 7/17	7/20 - 7/24	7/27 - 7/31	8/3 - 8/7	8/10 - 8/14	8/17 - 8/21	8/24 - 8/28	8/31 - 9/4
Tiny Tots Indoor (\$220/\$255) Arlington Tennis Center Indoor (\$425/\$475) By 4Star	4-5 Years			Red	Red		Red		Red				
	6-8 Years	Red/Orange	Red/Orange	Red/Orange	Red/Orange	Red/Orange	Red/Orange	Red/Orange	Red/Orange	Red/Orange	Red/Orange	Red/Orange	Red/Orange
	9-12 Years	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
Bluemont Tennis Outdoor (\$310/\$355) By 4Star	11+ Years	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
	6-8 Years			Red	Red		Red		Red				
	6-8 Years			Orange	Orange		Orange		Orange				
	9-12 Years			Green	Green		Green		Green				
	11+ Years			Yellow	Yellow		Yellow		Yellow				

🕒 Tiny Tots: 9am - 12pm | Arlington Tennis Center: 9am - 4pm | Bluemont Outdoor: 9am - 3pm

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		6/15 - 6/19	6/22 - 6/26	6/29 - 7/3	7/6 - 7/10	7/13 - 7/17	7/20 - 7/24	7/27 - 7/31	8/3 - 8/7	8/10 - 8/14	8/17 - 8/21	8/24 - 8/28	8/31 - 9/4
Tiny Tots AT B-CC (\$180/\$208) YMCA Bethesda-Chevy Chase Tennis Outdoor (\$360/\$415) By 4Star	4-5 Years	Tiny Tots	Tiny Tots	Tiny Tots	Tiny Tots	Tiny Tots	Tiny Tots	Tiny Tots	Tiny Tots	Tiny Tots	Tiny Tots	Tiny Tots	Tiny Tots
	6-7 Years	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red
	8-10 Years	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange
	10+ Years	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
	10+ Years	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow
YMCA Silver Spring Tennis Outdoor (\$330/\$380) By JTCC	4-7 Years	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red	Red
	7-10 Years	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange	Orange
	10-12 Years	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green	Green
	12+ Years	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow

🕒 Tiny Tots: 9am - 12pm | Bethesda-Chevy Chase Outdoor: 9am - 4pm | Silver Spring Outdoor: 9am - 4pm



Time to tinker, make and create the latest and greatest “Thing” for the THINGAMAJIG® Invention Convention scheduled Thursday, July 23, 2020 at the Show Place Arena. Thingamajig Ready Prep will help the Y’s summer day campers explore the world of invention and innovation with loads of fun and engaging activities that foster the curiosity and creativity of tomorrow’s leaders.

Children enrolled in the camp week of July 20th will have the opportunity to participate in this wonderful experience! YMCA Campers will design and create a cool gadget and learn to use reverse engineering; renew, reuse, redo and use real life problem-solving to design and build something amazing.

THINGAMAJIG® Prep teaches children to:

- Learn the importance of collaboration, teamwork and celebrating your creative nature.
- Learn how to use tools safely
- Pitch their invention while participating in the THINGAMAJIG® minimajig

After participating in Thingamajig Ready Prep, children will be ready and excited for THINGAMAJIG®!

FOR INDIVIDUAL CAMP DESCRIPTIONS AND TO REGISTER, VISIT OUR WEBSITE, WWW.YMCADC.ORG