

Available FROM:

Available TO:

Not available?

3:30pm

6:30pm

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## PRIVATE SPORTS COACHING

### **INTEREST & REGISTRATION FORM**

<u>Athlete I</u>	nformation								
Name:			Gender:	Date of	Birth:				
Age: _	Grade:		Currently e	nrolled in Ayrlaw	yn Childcare or A	<i>ftercare?</i> Circle:	YES NO		
Sport	-Specific Train	ing Red	<b>quested</b> (requir	ed): Coa	<b>ch Requested</b> (op	tional, not guarant	:eed*):		
0	Soccer				O Coach Alpha				
0	Football				O Coach Ronte				
O Basketball				O Coach Jesse					
					Coach Michael	a			
Descr	ibe experience	/skill le	evel:		*Coach accignmen	nt will donand on c	oachas' avnarians		
0	BRAND NEW to sport  Beginner with limited experience playing				*Coach assignment will depend on coaches' experience level in sport requested, as well as availability				
0				ing					
0	O Intermediate (years playing:)			Ses	Session Type Requested:				
O Advanced (years playing:)				○ Private					
		. ,	<u> </u>		○ Semi-Private (	willing to be groupe	ed with athletes		
					of similar abili	ty)			
Parent/G	uardian Informat	<u>tion</u>							
Name(	s):								
Prefer	red Method of C	ontact	*? Check box(es	below and provide	de correspondina (	contact information	<b>1</b> ։		
	Phone Call								
O	Text Message	FIIOIIE	Number:						
*Th	is is how you wi	II be co	ntacted if a tra	ining session has	to be rescheduled	for any reason.			
Schedulin	na								
		. / 1 (14	<b>-</b> )						
	on Dates: 1/6-3	-	-	1 v oach wook - E	O minuto sossions	(8 weeks total) @	Avelove		
Halli	ng schedule O	JUIONS	Clieck offe:		od for ages 8+	(o weeks total) (a	Ayriawii		
					-	(8 weeks total) @	Ayrlawn		
					d for ages 4-7	. C	•		
Athlet	te Availability:								
	Exa	mple	<u>Monday</u>	<u>Tuesday</u>	Wednesday	Thursday	Friday		

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#### What equipment is needed?

All participants **must provide their own safety equipment outlined below**. Athletic wear is required – light layers are recommended for training in the colder months. All other training equipment is provided by the YMCA.

Soccer Safety Equipment: Shin guards, cleats

Basketball Safety Equipment: Basketball sneakers (high-top) recommended

Football Safety Equipment: Cleats

#### **Parent Recommendations**

- \* Parents who choose to stay on the premises for training sessions should NOT be visible to the athlete—this can be very distracting and sometimes stressful for someone in training.
  - Please remember that training is not a win/lose event, athletes are assessed and praised on their EFFORTS and
     PROGRESS in training (input over output) we ask that Parents keep consistent with this messaging at home to foster an environment of awareness of growth and self-realized satisfaction
- \* You will receive weekly training plans after each session feel free to repeat any training plan between sessions (but don't forget your athlete's developing muscles need rest time as well!)
- \* Please be sure to communicate in advance of your session if you will be missing a training date or significantly late arriving; NO refunds, extended time, or make-ups are awarded for absences/late arrivals not communicated in advance.

#### **Payment Information**

Payment method must be indicated below for consideration for scheduling HOWEVER payment is not collected until a training schedule is agreed to by both parties. Schedule drafts are sent out via email once interest forms are received for families to confirm or reject.

# Registration Fee Full members: \$160 Program Members: \$180

\*Registration fee is a flat rate, no discounts are awarded for semi-private lessons

#### Please select preferred Method of Payment below:

0	Check/Cash		semi-private lessons				
0	Credit Card on file (ending in: ) Authorizing Initials:						
0	Other Credit Card						
	CC Number: Expiry:/	Authorizing In	itials:				
YMCA CARING FOR COMMUNITY CAMPAIGN  Join us in supporting our community!							
Last year the YMCA Bethesda-Chevy Chase/Ayrlawn Program Center provided over \$280,000 in scholarships to children and families in our community. These scholarships help children attend camps and child care when they need quality care so parents may work. These scholarships also help people learn how to swim and get in better shape both physically and mentally. We would not be able to do what we do without the contributions from generous members like you. A LITTLE BIT CAN MAKE A BIG DIFFERENCEEvery Little Bit Helps!  YES! I want to help by donating \$ as a onetime payment.  YES! I want to help by donating \$ monthly.  By signing below, I give the YMCA of Metropolitan Washington permission to draft the amount above from the account on file.							
Printed No	Name: Signature:	Date	e:				

#### Participant Waiver:

I understand that the YMCA of Metropolitan Washington assumes no responsibility for injuries or illnesses which I may sustain as a result of my physical condition or resulting from my participation in any athletic activities, sports programs, the use of any equipment, exercise or other activities. I expressly acknowledge on behalf of myself and my heirs that I assume the risk for any and all injuries and illnesses that may result from my participation in these activities. I hereby release and discharge the YMCA of Metropolitan Washington, its agents, servants, and employees from any and all claims for injury, illness, death, loss or damage that I may suffer as a result of my participation in these activities. I understand the YMCA of Metropolitan Washington is not responsible for YMCA personal property lost or stolen while members and/or program participants are using the YMCA facilities or on YMCA premises. I give my permission to the YMCA of Metropolitan Washington to use, without limitation, or obligation, photographs, film footage, or tape recordings that may include my image or voice for purposes of promoting or interpreting YMCA programs. I acknowledge the Waiver set forth above.

Parent/Guardian Signature:		Date:	
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