



IMPORTANT DAY CAMP INFORMATION

WAYS TO REGISTER

1. ONLINE

You can register online through Easy-to-Enroll.

- Visit www.ymcadc.org/summercamp
- Select a branch
- Browse camp options
- Select your camp by clicking 'register now'
- In Easy-to-Enroll, select 'add' to place item in cart
- When ready to check out, follow prompt to create user name or enter your user name to move to checkout
- **WAIT!** You're ALMOST DONE! After checkout, a camp registration packet for health and other pertinent info **MUST BE** filled out and turned into the branch.

If you have problems, please contact the branch directly for assistance. To save time, you can download the summer camp registration packet at www.ymcadc.org and drop the completed packet off at your local Y.

2. AT THE BRANCH

Visit your local Y branch to pick up a registration packet.

REGISTRATION OPENS

October 1, 2019

Early Bird Rate: Register by 01/01/20 and save 5%!

CAMP HOURS

9:00am – 4:00pm

EXTENDED HOURS *INCLUDED IN CAMP RATE

Before-Care: 7:00am – 9:00am

After-Care: 4:00pm – 6:30pm

Location: Same as camp location

Our extended hours program offers quality care for your child before and after the camp day. Activities may include sports, arts & crafts, and more! We offer this convenient service at the same location as each of our camp programs.

NEW PARENT ORIENTATION & OPEN HOUSE

New to camp and want to get the lay of the land? Our directors have you covered. Come to our orientation and open house and we will get you familiar with our policies, procedures, and show you all the ways your child is going to have a great time this summer.

June 6, 2020 10:00 – 11:00am

June 13, 2020 1:00 – 2:00pm

A LETTER FROM OUR PRESIDENT & CEO

Angie L. Reese-Hawkins



The Y's summer day and resident camps provide structural opportunities for children to learn life lessons beyond the classroom. For over 160 years, the Y has impacted the lives of millions of children in the Washington, D.C. metropolitan area. As a nonprofit charity organization, the Y's camps provide services that foster a child's emotional intelligence, self-confidence, independence, healthy living and environmental awareness. They promote a love for learning and develop compassionate and cause-driven leaders. Our programs prevent summertime learning loss and help to fill the learning gap for over 2,000 children when they are away from the classroom, through enrichment programs that encourage reading and STEAM learning. Safety is also an important factor in our staff training. The Y's staff receives both domestic and international background checks along with continuous training throughout the year to help staff to be better stewards of your child's safety and well-being.

From the start of camp until the end, your child becomes a vital part of a caring community. That's what makes the Y special. Our doors are open to everyone so that together children can grow into adulthood with confidence and a passion for giving back to the community. Find out more about the Y's services and how you can be a part of the Y family as a volunteer or member.

Sign-up for summer camp today!
Have a great summer and remember The Y. "For a Better Us."

Make this the BEST.SUMMER.EVER!

Best,

Angie L. Reese-Hawkins
President and Chief Executive Officer

Commitment to America

The Y's Commitment to America is developing a new generation of change-makers who will create communities we want to live in. Commitment to America helps young people grow into thriving adults that transform communities through financial literacy, STEM leadership, bridging social divide and giving back.

OPEN HOUSE: TALK TO A CAMP EXPERT

Hosted at YMCA Reston from 4:30pm – 5:30pm:

- **November 13, 2019**
- **December 4, 2019**
- **January 8, 2020**
- **February 19, 2020**
- **March 18, 2020**
- **May, 13, 2020**



SUMMER DAY CAMP CATEGORIES

*NOT ALL CAMPS AVAILABLE AT ALL LOCATIONS

TRADITIONAL CAMPS

Traditional Camps are a great option for the first time camper or the camper with too many interests to choose just one. Campers enjoy arts & crafts, active group games, science experiments, cooking projects, field trips, swimming, and more. PLUS, camp themes change each week so campers are always experiencing something new and exciting!



TRAVEL CAMPS

Travel Camp takes to the road with a combination of activities in our camp facilities and exciting field trips. Campers experience new field trips every day with trained camp counselors to ensure your child's safety. Trip destinations include, roller and ice-skating, historical destinations, amusement parks, outdoor adventures, swim destinations, and so much more!

SPECIALTY CAMPS

Does your camper dream of being an actor, chef, or magician? In Specialty Camp, campers can develop a greater passion for the things they love or can try out something new! Day campers spend approximately two hours of each day in their specialized activity, with the remainder of the day spent enjoying Traditional Camp activities.



OUTDOOR DAY CAMP

Outdoor Day Camp captures the fun and freedom of the outdoors! Campers learn to respect and appreciate nature through fun adventures like hiking, fishing, creeking, archery, canoeing, wilderness projects and environmental education, arts and crafts, swimming, camp songs, and more! Skilled Y camp staff lead small groups in new activities every week.

SPORTS CAMPS

Sports Camp emphasizes team work, sportsmanship, and basic fundamentals. Part of the day will focus on skills and drills, educational games, and scrimmages while the rest of the day focuses on traditional camp activities. For a higher level of sports instruction, try Sports Academy where camps are taught by skilled athletes and coaches, eager to share their expertise.



EXPERIENCE YMCA CAMP LETTS

Experience the Adventure of Overnight Camp! If your child enjoys the great outdoors, YMCA Camp Letts is located just minutes away from Washington, D.C. Camp Letts includes summer day and overnight programs for children ages 6-17 that feature horseback riding, sailing, archery, and more. For more information, go to completts.org or call 1.866.963.6000.

LEADERSHIP (CIT)

Future leaders experience a week of training in working with 5-12 year olds - leading camp songs, games & crafts and learning the basics in First Aid & CPR (not a certification course). Participants will assist with the daily operations of traditional and aquatic camps; providing hands-on job experience while under the supervision of camp staff.



TENNIS CAMPS

At Tennis Camp, our certified tennis coaches help campers learn and improve their skills on-court, while creating lasting friendships and memories. Your child will learn the fundamentals of the game through drills, games, and friendly competition adapted to age and skill level while practicing sportsmanship in a safe and fun environment. Staff to participant ratio is 1:6.

AQUATIC CAMPS

Have fun and keep cool this summer! Aquatic Camps are perfect for children of all ages. Each camper will spend at least two session blocks in the pool participating in a daily lesson, aquatic games, and free swim, learning important life skills. Campers are swim tested daily and placed in color-coded groups based on age and ability.



Time to tinker, make and create the latest and greatest "Thing" for the **THINGAMAJIG® Invention Convention** scheduled **Thursday, July 23, 2020 at the Show Place Arena**. Thingamajig Ready Prep will help the Y's summer day campers explore the world of invention and innovation with loads of fun and engaging activities that foster the curiosity and creativity of tomorrow's leaders.

Children will design and create a cool gadget and learn to use reverse engineering; renew, reuse, redo and use real life problem-solving to design and build something amazing. THINGAMAJIG® Prep teaches children to:

- Learn the importance of collaboration, teamwork and celebrating your creative nature.
- Learn how to use tools safely
- Pitch their invention while participating in the THINGAMAJIG® minimajig

After participating in Thingamajig Ready Prep, children will be ready & excited for THINGAMAJIG®!



2020 YMCA RESTON SUMMER DAY CAMP

			SESSION A		SESSION B		SESSION C		SESSION D		SESSION E	
			WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10
			6/15 - 6/19	6/22 - 6/26	6/29 - 7/3	7/6 - 7/10	7/13 - 7/17	7/20 - 7/24	7/27 - 7/31	8/3 - 8/7	8/10 - 8/14	8/17 - 8/21
			AGES	Full Day Preschool Camp		Full Day Preschool Camp		Full Day Preschool Camp		Full Day Preschool Camp		Full Day Preschool Camp
Preschool (\$585/673)	Y	3-5 Years	Full Day Preschool Camp		Full Day Preschool Camp		Full Day Preschool Camp		Full Day Preschool Camp		Full Day Preschool Camp	
Traditional Full Day (\$225/259)	Y	3-5 Years	Exploring the World	Captain Y & The Superheroes	From Sea to Shining Sea	Dr. Seuss	Jungle Safari	It's A Thingamjig	Space Invaders	At the Movies	Escape to Dino Land	Summer Fiesta
	Y	5-8 Years	Exploring the World	Captain Y & The Superheroes	From Sea to Shining Sea	Dr. Seuss	Jungle Safari	It's A Thingamjig	Space Invaders	At the Movies	Escape to Dino Land	Summer Fiesta
Leadership (\$169/194)	Y	12-15 Years	Counselor in Training	Junior Lifeguard	Youth & Government	Counselor in Training	Junior Lifeguard	Counselor in Training	Junior Lifeguard	Youth & Government	Counselor in Training	Summer of Service
Sports (\$248/285)	LF		Flag Football (5-8 Years)								Dance (5-8 Years)	
	LF		Baseball (8-12 Years)								Soccer (5-8 Years)	
	LF		Soccer (8-12 Years)								Sports Festival (8-12 Years)	
	Y	5-8 Years		Basketball Academy				Basketball Academy			Basketball Academy	
	Y	8-12 Years		Basketball Academy				Basketball Academy			Basketball Academy	
	D	5-8 Years		Soccer	Hockey	Dance	Sports Festival	Soccer	Hockey			
	D	5-8 Years				Hockey		Sports Festival				
	D	8-12 Years			Flag Football							
D	8-12 Years		Archery	Biking	Sports Festival	Soccer	Archery	Hockey				
Specialty - ARTS & STEM (\$259/298)	Y		Adventures in Art (5-8 Years)								Mad Scientists (5-8 Years)	
	Y		Savor the Flavor (5-8 Years)								Cartooning (5-8 Years)	
	Y		Sensational Sciences (8-12 Years)								Kids Gone Crafty (8-12 Years)	
	D	5-8 Years		Mad Scientists	Savor the Flavor	Recyclin' Art	Mad Scientists	Savor the Flavor	Adventures in Art			
	D	5-8 Years			Mad Scientists		Recyclin' Art		Savor the Flavor			
	D	8-12 Years		Lego Builders		Lego Builders		Cartooning				
D	8-12 Years		Savor the Flavor	Adventures in Art	Reston's Got Talent	Savor the Flavor	Recyclin' Art	Sensational Sciences				
Travel (\$315/\$362)*	LF	7-11 Years	Splash Bash	Horseback Riding	Senior Travel	Horseback Riding	Senior Travel	Splash Bash	Senior Travel	Horseback Riding	Splash Bash	Amusement Park Adventures
Aquatics (\$259/298)	Y	4-5 Years	Mini Aquatics	Mini Aquatics	Mini Aquatics	Mini Aquatics	Mini Aquatics	Mini Aquatics	Mini Aquatics	Mini Aquatics	Mini Aquatics	
	Y	5-8 Years	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics
	Y	8-12 Years	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics
	Y	8-12 Years	Tri-Camp		Water Polo	Tri-Camp		Tri-Camp		Water Polo		
Outdoor Adventure (\$225/259)	LF	5-8 Years	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors
	LF	8-12 Years	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors

(Full Privilege Member Rate/Program Member Rate)

*Horseback Riding (\$450/518)

D = Dogwood

LF = Lake Fairfax

Y = YMCA Fairfax County Reston

Thingamajig Invention Convention: Thursday, 7/23



FOR INDIVIDUAL CAMP DESCRIPTIONS AND TO REGISTER, VISIT OUR WEBSITE, WWW.YMCADC.ORG