



OPEN HOUSE!

AT YMCA BETHESDA-CHEVY CHASE

JOIN US ON TUESDAY, JANUARY 28TH
FROM 1PM - 4PM & 5PM - 9PM

FREE FAMILY SWIM, GROUP EXERCISE
CLASSES, EQUIPMENT DEMOS, & MORE!

ENJOY:

- 3 Pools (2 Indoor/1 Outdoor)
- Hot Tub
- Over 100 Group Exercise Classes
- Healthy Refreshments
- Use of the Cardio, Strength Training, Free Weights, & Cycle Equipment
- **Free child care while you work out!**

In Partnership With:



YMCA Bethesda-Chevy Chase
9401 Old Georgetown Rd, Bethesda, MD 20814
(301) 530-3725 | www.ymcadc.org