



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DREAMS FOR OUR COMMUNITY

YMCA ANTHONY BOWEN MLK DAY BRANCH EVENT

Monday, January 20th

Branch Hours: 5:30am-9pm

- **MLK Trivia Game** – Mystery prize for the winner
- **Community Meditation** – 11:15am-11:45am
w| Ingrid
- **ASA! Fitness—African Fusion Class** — (open to all ages)– 2pm-3pm
w| Isa
- **Free Food Samples** – from the YMCA Food Program 2pm – 5pm
- **Sip and Paint Celebrating the Legacy of MLK**—3pm-5pm
w| Stacey Young
- **Cool Kids Club Paint Party (ages 5-12)**—1pm-3pm
w| banana split studios, LLC
- **Rock Wall Open Climb**—10am-9pm
- **Guests Free All Day!**

Opening Day for Aloe Bebe Program!

For more information email: paul.raker@ymcadc.org

