



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

# YMCA ANTHONY BOWEN AQUATICS

**Classes ratio are 6:1 and parent/child classes' ratio are 12:1**

Spring 1 Pool Schedule February 24 to April 12th 2020	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:30-6:00 (6 LAPS)	5:30-8:00 (6 LAPS)	5:30-6:00 (6 LAPS)	5:30-8:00 (6 LAPS)	5:30-6:00 (6 LAPS)		
<u>*Schedule subject to change without notice*</u>	6:00-9:00 (4 LAP/ 2 CLASS)	8:15-9:00 (3 LAP/ 1 REC 2 CLASS)	6:00-9:00 (4 LAP/ 2 CLASS)	8:15-9:00 (3 LAP/ 1 REC 2 CLASS)	6:00-9:00 (4 LAP/ 2 CLASS)	7:00-8:55 (5 LAP/ 1 REC)	7:00-9:00 (5 LAP/ 1 REC)
<u>Everyone must SHOWER before entering the pool</u>	9:00-5:40 (5 LAP/1 REC)	8:45-12:00 (5 LAP/ 1 REC)	9:00-5:30 (5 LAP/ 1 REC)	8:45-12:00 (5 LAP/ 1 REC)	9:00-5:30 (5 LAP/ 1 REC)	9:00-12:05 (5 CLASS/(74) 1 LAP)	9:00-12:05 (5CLASS(64) 1LAP)
<u>LAP- Available lanes for lap swim.</u>		12:00-1:00 (3 LAP/ 3 CLASS)		2:00-1:00 (3LAP/ 3 CLASS)		12:05-6:30 (4 LAP/ 1 REC/ 1 FAMILY SWIM)	12:05-7:30 (3 LAP / 1 REC/ 1 FAMILY SWIM)
<u>CLASS- Lanes reserved for classes.</u>		3:30-4:30 (5 LAP/ 1 CLASS)	5:30-6:30 (4 LAP/ 2 CLASS)(5)	3:30-4:30 (5 LAP/ 1 CLASS)			
<u>REC- Available times and lanes for family swim, deep water running, play etc.</u>							
<u>FAMILY SWIM</u> Designated lane just for family swim.	5:40-7:00 (5 LAP/ 1 REC)	4:30-6:30 (4 LAP/ 2 REC)		4:30-6:30 (4 LAP/ 2 REC)	5:30-6:30 (4 LAP/ 2 CLASS)(5)		
<u>CAMP- Lanes reserved for camps</u>	7:00-8:15 (3 LAP/ 2 CLASS/ 1 REC)	6:30-8:00 (4 LAP/ 2 CLASS)(5)	6:30-10:30 (5 LAP/ 1 REC)	6:30-8:00 (4 LAP/ 2 CLASS)(7)		6:30-9:30 (5LAP/ 1 REC)	
For more information call (202)232-6936	8:15-10:30 (5LAP/ 1 REC)	8:00-10:30 (5 LAP/ 1 REC)		8:00-10:30 (5 LAP/ 1 REC)			

**ANTHONY BOWEN**

1325 W Street N.W Washington D.C. 20009  
P (202) 738-5005 ymca.org



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**ANTHONY BOWEN**  
1325 W Street N.W Washington D.C. 20009  
P (202) 738-5005 [ymcadc.org](http://ymcadc.org)