



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA OF METROPOLITAN WASHINGTON
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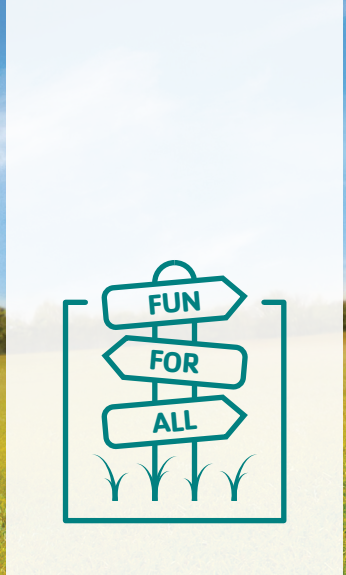
YMCA FAIRFAX COUNTY RESTON



BEST.SUMMER. EVER!

2020 SUMMER CAMP GUIDE





A LETTER FROM OUR PRESIDENT & CEO

Angie L. Reese-Hawkins



The Y’s summer day and resident camps provide structural opportunities for children to learn life lessons beyond the classroom. For over 160 years, the Y has impacted the lives of millions of children in the Washington, D.C. metropolitan area. As a nonprofit charity organization, the Y’s camps provide services that foster a child’s emotional intelligence, self-confidence, independence, healthy living and environmental awareness. They promote a love for learning and develop compassionate and cause-driven leaders. Our programs prevent summertime learning loss and help to fill the learning gap for over 2,000 children when they are away from the classroom, through enrichment programs that encourage reading and STEAM learning. Safety is also an important factor in our staff training. The Y’s staff receives both domestic and international background checks along with continuous training throughout the year to help staff to be better stewards of your child’s safety and well-being.

From the start of camp until the end, your child becomes a vital part of a caring community. That’s what makes the Y special. Our doors are open to everyone so that together children can grow into adulthood with confidence and a passion for giving back to the community. Find out more about the Y’s services and how you can be a part of the Y family as a volunteer or member.

Sign-up for summer camp today!
Have a great summer and remember The Y. “For a Better Us.”

Make this the BEST.SUMMER.EVER!

Best,

Angie L. Reese-Hawkins
President and Chief Executive Officer

Commitment to America

The Y’s Commitment to America is developing a new generation of change-makers who will create communities we want to live in. Commitment to America helps young people grow into thriving adults that transform communities through financial literacy, STEM leadership, bridging social divide and giving back.

IMPORTANT DAY CAMP INFORMATION

WAYS TO REGISTER

1. ONLINE

You can register online through Easy-to-Enroll.

- Visit www.ymcadc.org/summercamp
- Select a branch
- Browse camp options
- Select your camp by clicking 'register now'
- In Easy-to-Enroll, select 'add' to place item in cart
- When ready to check out, follow prompt to create user name or enter your user name to move to checkout
- **WAIT!** You're ALMOST DONE! After checkout, a camp registration packet for health and other pertinent info **MUST BE** filled out and turned into the branch.

If you have problems, please contact the branch directly for assistance. To save time, you can download the summer camp registration packet at www.ymcadc.org and drop the completed packet off at your local Y.

2. AT THE BRANCH

Visit your local Y branch to pick up a registration packet.

REGISTRATION OPENS

October 1, 2019

Early Bird Rate: Register by 01/01/20 and save 5%!

CAMP HOURS

9:00am – 4:00pm

EXTENDED HOURS *INCLUDED IN CAMP RATE

Before-Care: 7:00am – 9:00am

After-Care: 4:00pm – 6:30pm

Location: Same as camp location

Our extended hours program offers quality care for your child before and after the camp day. Activities may include sports, arts & crafts, and more! We offer this convenient service at the same location as each of our camp programs.

NEW PARENT ORIENTATION & OPEN HOUSE

New to camp and want to get the lay of the land?

Our directors have you covered. Come to our orientation and open house and we will get you familiar with our policies, procedures, and show you all the ways your child is going to have a great time this summer.

June 6, 2020 10:00 – 11:00am

June 13, 2020 1:00 – 2:00pm

OPEN HOUSE: TALK TO A CAMP EXPERT

Hosted at YMCA Reston from 4:30pm – 5:30pm:

- November 13, 2019
- December 4, 2019
- January 8, 2020
- February 19, 2020
- March 18, 2020
- May, 13, 2020



2020 YMCA

			SESSION A		SESSION B	
			WEEK 1	WEEK 2	WEEK 3	WEEK 4
			6/15 - 6/19	6/22 - 6/26	6/29 - 7/3	7/6 - 7/10
			AGES			
Preschool (\$585/673)	Y	3-5 Years	Full Day Preschool Camp		Full Day Preschool Camp	
Traditional Full Day (\$225/259)	Y	3-5 Years	Exploring the World	Captain Y & The Superheroes	From Sea to Shining Sea	Dr. Seuss
	Y	5-8 Years	Exploring the World	Captain Y & The Superheroes	From Sea to Shining Sea	Dr. Seuss
Leadership (\$169/194)	Y	12-15 Years	Counselor in Training	Junior Lifeguard	Youth & Government	Counselor in Training
Sports (\$248/285)	LF		Flag Football (5-8 Years)			
	LF		Baseball (8-12 Years)			
	LF		Soccer (8-12 Years)			
	Y	5-8 Years		Basketball Academy		
	Y	8-12 Years		Basketball Academy		
	D	5-8 Years		Soccer	Hockey	Dance
	D	5-8 Years				Hockey
	D	8-12 Years			Flag Football	
Specialty - ARTS & STEM (\$259/298)	Y		Adventures in Art (5-8 Years)			
	Y		Savor the Flavor (5-8 Years)			
	Y		Sensational Sciences (8-12 Years)			
	D	5-8 Years		Mad Scientists	Savor the Flavor	Recyclin' Art
	D	5-8 Years			Mad Scientists	
	D	8-12 Years		Lego Builders		Lego Builders
	D	8-12 Years		Savor the Flavor	Adventures in Art	Reston's Got Talent
Travel (\$315/\$362)*	LF	7-11 Years	Splash Bash	Horseback Riding	Senior Travel	Horseback Riding
Aquatics (\$259/298)	Y	4-5 Years	Mini Aquatics	Mini Aquatics	Mini Aquatics	Mini Aquatics
	Y	5-8 Years	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics
	Y	8-12 Years	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics
	Y	8-12 Years	Tri-Camp		Water Polo	Tri-Camp
Outdoor Adventure (\$225/259)	LF	5-8 Years	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors
	LF	8-12 Years	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors

(Full Privilege Member Rate/Program Member Rate) *Horseback Riding (\$450/518) D = Dogwood LF = Lake Fairfax Y = YMCA Fairfax County



FOR INDIVIDUAL CAMP DESCRIPTIONS A

RESTON SUMMER DAY CAMP

SESSION C		SESSION D		SESSION E	
WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10
7/13 - 7/17	7/20 - 7/24	7/27 - 7/31	8/3 - 8/7	8/10 - 8/14	8/17 - 8/21
Full Day Preschool Camp		Full Day Preschool Camp		Full Day Preschool Camp	
Jungle Safari	It's A Thingamjig	Space Invaders	At the Movies	Escape to Dino Land	Summer Fiesta
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Junior Lifeguard	Counselor in Training	Junior Lifeguard	Youth & Government	Counselor in Training	Summer of Service
			Dance (5-8 Years)		
			Soccer (5-8 Years)		
			Sports Festival (8-12 Years)		
Basketball Academy		Basketball Academy			
Basketball Academy		Basketball Academy			
Sports Festival	Soccer	Hockey			
	Sports Festival				
Soccer	Archery	Hockey			
			Mad Scientists (5-8 Years)		
			Cartooning (5-8 Years)		
			Kids Gone Crafty (8-12 Years)		
Mad Scientists	Savor the Flavor	Adventures in Art			
Recyclin' Art		Savor the Flavor			
	Cartooning				
Savor the Flavor	Recyclin' Art	Sensational Sciences			
Senior Travel	Splash Bash	Senior Travel	Horseback Riding	Splash Bash	Amusement Park Adventures
Mini Aquatics	Mini Aquatics	Mini Aquatics	Mini Aquatics	Mini Aquatics	
Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics	Junior Aquatics
Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics	Senior Aquatics
	Tri-Camp		Water Polo		
The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors
The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors	The Great Outdoors

Reston Thingamajig Invention Convention: Thursday, 7/23



AND TO REGISTER, VISIT OUR WEBSITE, WWW.YMCADC.ORG

SUMMER DAY CAMP CATEGORIES

*NOT ALL CAMPS AVAILABLE AT ALL LOCATIONS

TRADITIONAL CAMPS

Traditional Camps are a great option for the first time camper or the camper with too many interests to choose just one. Campers enjoy arts & crafts, active group games, science experiments, cooking projects, field trips, swimming, and more. PLUS, camp themes change each week so campers are always experiencing something new and exciting!



SPECIALTY CAMPS

Does your camper dream of being an actor, chef, or magician? In Specialty Camp, campers can develop a greater passion for the things they love or can try out something new! Day campers spend approximately two hours of each day in their specialized activity, with the remainder of the day spent enjoying Traditional Camp activities.



SPORTS CAMPS

Sports Camp emphasizes team work, sportsmanship, and basic fundamentals. Part of the day will focus on skills and drills, educational games, and scrimmages while the rest of the day focuses on traditional camp activities. For a higher level of sports instruction, try Sports Academy where camps are taught by skilled athletes and coaches, eager to share their expertise.



LEADERSHIP (CIT)

Future leaders experience a week of training in working with 5-12 year olds - leading camp songs, games & crafts and learning the basics in First Aid & CPR (not a certification course). Participants will assist with the daily operations of traditional and aquatics camps; providing hands-on job experience while under the supervision of camp staff.



AQUATIC CAMPS

Have fun and keep cool this summer! Aquatic Camps are perfect for children of all ages. Each camper will spend at least two session blocks in the pool participating in a daily lesson, aquatic games, and free swim, learning important life skills. Campers are swim tested daily and placed in color-coded groups based on age and ability.





TRAVEL CAMPS

Travel Camp takes to the road with a combination of activities in our camp facilities and exciting field trips. Campers experience new field trips every day with trained camp counselors to ensure your child's safety. Trip destinations include, roller and ice-skating, historical destinations, amusement parks, outdoor adventures, swim destinations, and so much more!



OUTDOOR DAY CAMP

Outdoor Day Camp captures the fun and freedom of the outdoors! Campers learn to respect and appreciate nature through fun adventures like hiking, fishing, creeking, archery, canoeing, wilderness projects and environmental education, arts and crafts, swimming, camp songs, and more! Skilled Y camp staff lead small groups in new activities every week.



TENNIS CAMPS

At Tennis Camp, our certified tennis coaches help campers learn and improve their skills on-court, while creating lasting friendships and memories. Your child will learn the fundamentals of the game through drills, games, and friendly competition adapted to age and skill level while practicing sportsmanship in a safe and fun environment. Staff to participant ratio is 1:6.



EXPERIENCE YMCA CAMP LETTS

Experience the Adventure of Overnight Camp! If your child enjoys the great outdoors, YMCA Camp Letts is located just minutes away from Washington, D.C. Camp Letts includes summer day and overnight programs for children ages 6-17 that feature horseback riding, sailing, archery, and more. For more information, go to completts.org or call **1.866.963.6000**.

Time to tinker, make and create the latest and greatest "Thing" for the **THINGAMAJIG® Invention Convention** scheduled **Thursday, July 23, 2020 at the Show Place Arena**. Thingamajig Ready Prep will help the Y's summer day campers explore the world of invention and innovation with loads of fun and engaging activities that foster the curiosity and creativity of tomorrow's leaders.

Children will design and create a cool gadget and learn to use reverse engineering; renew, reuse, redo and use real life problem-solving to design and build something amazing. THINGAMAJIG® Prep teaches children to:

- Learn the importance of collaboration, teamwork and celebrating your creative nature.
- Learn how to use tools safely
- Pitch their invention while participating in the THINGAMAJIG® minimajig

After participating in Thingamajig Ready Prep, children will be ready & excited for THINGAMAJIG®!



BRANCH LOCATIONS



DC

YMCA ANTHONY BOWEN

1325 W Street, NW Washington, DC 20009
202.232.6936

YMCA CALOMIRIS PROGRAM CENTER

1906 Allison Street, NE Washington, DC 20018
202.526.4233

YMCA CAPITAL VIEW

2118 Ridgecrest Court, SE Washington, DC 20020
202.889.0643



MD

YMCA AYRLAWN PROGRAM CENTER

5650 Oakmont Avenue Bethesda, MD 20817
301.530.8500

YMCA BETHESDA-CHEVY CHASE

9401 Old Georgetown Road Bethesda, MD 20814
301.530.3725

YMCA CAMP LETTS

P.O. Box 208 4003 Camp Letts Road Edgewater, MD 21037
886.963.6000 or 410.919.1410

YMCA PRINCE GEORGE'S COUNTY

6600 Laurel-Bowie Road Bowie, MD 20715
301.262.4342

YMCA SILVER SPRING

9800 Hastings Drive Silver Spring, MD 20901
301.585.2120



VA

YMCA ALEXANDRIA

420 East Monroe Avenue Alexandria, VA 22301
703.838.8085

YMCA ARLINGTON

3422 13th Street North Arlington, VA 22201
703.525.5420

YMCA ARLINGTON TENNIS & SQUASH CENTER

3400 13th Street North Arlington, VA 22201
703.522.1700

YMCA FAIRFAX COUNTY RESTON

12196 Sunset Hills Road Reston, VA 20190
703.742.8800

YMCA LOUDOUN COUNTY

26 Fairfax Street, Suite 101, Leesburg, VA 20175
703.777.9622

YMCA WOODMONT PROGRAM CENTER

2422 North Fillmore Street Arlington, VA 22207
703.525.5420

MISSION STATEMENT

The YMCA of Metropolitan Washington fosters the spiritual, mental and physical development of individuals, families and communities according to the ideals of inclusiveness, equality and mutual respect for all.

THE Y AS AN INCLUSIVE ORGANIZATION

The YMCA of Metropolitan Washington values diversity and is an inclusive 501(c)(3) nonprofit charity organization. The Y defines inclusion as the deliberate and conscientious effort to be knowledgeable about differences, supportive of others, and active in changing structures that are oppressive to various groups, with the understanding the Y everyone brings valuable skills and abilities to the Y. Inclusion is the day-to-day living of "for all" part of the YMCA mission statement.



To register your kids for summer camp in 2020, visit our website at ymcadc.org/summercamp

