



MARCH 2020 • YMCA FAIRFAX COUNTY RESTON

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Spring Session Starts	3	4 Kettlebell 9:30 - 10:25am	5 POUND 10:30 - 11:25am	6	7 2 nd Annual Peach Basket Classic 9:00 - 12:00pm
8 Daylight Savings	9 Boot Camp 9:00 - 9:45am	10 Camp Registration is Open 	11	12 Tai Chi 11:00 - 11:55am	13 Family Zumba 6:30 - 7:25pm	14 Meet the Trainer Day
15 Cardio Interval 9:00 - 9:55am	16	17 Happy St. Patrick's Day	18 Talk to a Camp Expert 4:30 - 5:30pm	19	20	21 2 nd Annual Community Yard Sale 8:00am - 12:00pm
MY Y WEEK: Meet YMCA Board Members and learn how your donations are making a difference.						
22	23 Pilates Power 5:30 - 6:30pm	24 Diabetes Alert Day	25 Ballroom Dancing 6:30 - 7:25pm	26 Early Learning Art Show 4:30 - 6:30pm	27	28 Cycle-a-thon 8:00am - 12:00pm 3 rd Annual Cornhole Tournament 12pm
29 Kids Athletic Conditioning 11:00 - 11:55am	30 Gentle Yoga 12:00 - 1:25pm	31	1	2	3	4

AQUATICS SILENT AUCTION