



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GROCERY DISTRIBUTION

YMCA OF METROPOLITAN WASHINGTON

The YMCA is offering produce distribution across the DMV!



Produce: Produce is available for anyone, regardless of their affiliation with the YMCA. This will be distributed while supplies last.

Here are the locations and times for produce pickup:

DC

YMCA Anthony Bowen

Produce: Mondays 4pm-6pm

YMCA Calomiris Program Center

Produce: Mondays 4pm-6pm

VA

YMCA Alexandria

Produce: Mondays 4pm-6pm

YMCA Fairfax County Reston

Produce: Wednesdays 4pm-6pm

YMCA Arlington

Produce: Mondays 4pm-6pm

Follow the @ymcadcfood Instagram and Facebook accounts for cooking tips and recipes that match the produce distributed.

If you are experiencing hunger and do not know where to find additional resources outside of these locations, please contact health@ymcadc.org so that we can assist you in finding those resources.

MD

YMCA Bethesda-Chevy Chase

Produce: Wednesdays 4pm-6pm, Thursdays 9am-12pm

CAQT Apartments: 8733 Carroll Ave #4, Silver Spring, MD

Produce: Wednesdays 1pm-3pm

YMCA Silver Spring

Produce: Wednesdays 4pm-6pm, Thursdays 9am-12pm

Trinity Lutheran Church:

6600 Laurel Bowie Rd, Bowie, MD 20715

Produce: Mondays 4pm-6pm, Tuesdays 9am-12pm



Thank you to our partners at Keany Produce and Child Care Resources for your contributions!

