

Engaging Activities

(Week of 3/30-4/3)

Sensory Activity Citrus Painting

Ingredients:

- Citrus fruits (Grapefruit, orange, lemon, and/or lime)
- Paint
- Paper or white cotton dishtowel
- Paintbrushes (optional)
- Paper plates or muffin tin
- Grapefruit spoon and/or paring knife (optional)



Instructions:

Prepare one or more citrus fruits (lemon, or lime) to stamps our papers! Once the citrus fruit is cut in half, place each paint on a paper plate and dip the fruit into it to make prints. Have fun painting!

A Fine Motor Skills Activity: Animal Tape Rescue

Materials

Tape
Animals
Cookie sheet or a tray to attach them



How to set it up?!

Rip off bunch of pieces of tape, flip your cookie sheet upside down, and start hooking animals to it.

Why we do this?!

The goal here is for your little ones to get the tape pulled up, get the animal off the tape, and getting those tapes off of their little fingers. It's a big milestone to hit for your babies.

They hit all these skills in one activity!

- 1) Hand eye coordination
- 2) Fine motor skills
- 3) Vocabulary
- 4) Planning and decision making
- 5) Problem solving

Cognitive Play

This play activity using a tissue box couldn't be easier to make too.

Simply use an empty tissue box and collect a few safe objects that would fit inside and be great for your baby to find and investigate.

This activity is great for building fine motor skills as well. So simple and great for curious little ones!

Language Skills/Music and Movement

Nursery Rhyme

Sung to: "Sing a Song of Sixpence"

Sing a song of flowers, flowers all around.
Flowers that are growing, growing in the ground
Flowers of each color make a pretty view.
Red and orange and yellow.
And blue and purple, too.