



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EMPLOYEE BENEFITS INFORMATION: UNITED HEALTH CARE

Dear Member,

United Health Care is providing information to support and encourage our employees to use video health services in the privacy of their own home during the coronavirus pandemic. Attached are the instructions for virtual visits. **The important first step is to ensure you register online using your medical card.**

Below is the medical provider website link for registering. Use the customer service numbers for questions and if you need assistance. Please note the following updated cost information for Coronavirus testing using United Healthcare.

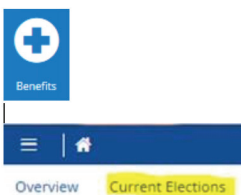
United HealthCare

- Register: <https://www.myuhc.com>
- Employee Service Center: 1-877-236-9622
- <https://ymca.welcometouhc.com>

Effective immediately, United Healthcare will waive cost sharing for testing COVID-19. This means UHC will not bill members a copay, coinsurance, or deductible for services to test for COVID-19, regardless of plan type. Please note cost maybe associated with diagnosis and treatment according to your elected plan type. [Examples: 100/80, 80/60, 2500 High Deductible Health Plan-HDHP]]

- Testing Cost \$0
- Diagnosis Cost and Treatment Cost = See UHC-COVID10-FAQ Cost.pdf

Virtual Visits



UHC strongly encourages plan members to use this time to take advantage of UHC's Virtual Visits capability to consult with a doctor for general questions or concerns from the convenience of your home without having to risk going to the ER or an Urgent Care facility. Virtual Visits can be accessed through myuhc.com or the UnitedHealthcare mobile app. Learn more about Virtual Visits [here](#). UHC is also keeping a list of resources and information and updating when possible in a post on the [link community page](#) of Y-USA. Use your email address and password for access. Sign up today!

If you do not know your elected medical plan, please access DayForce. From the HOME screen, click on the Benefits Icon. Once there, click on **Current Elections** tab. See screen below.

Again, please review the attached instructions for video visits. Also, United HealthCare files and documents are located on the **Benefits Overview** page in **DayForce**, under the Benefits Icon. Thank you for your attention. If you require additional assistance for benefit inquiries feel free to contact Tracy Maith, Benefits Director at tracy.maith@ymcadc.org or (202) 797-4462.