



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GROCERY & MEAL DISTRIBUTION

YMCA OF METROPOLITAN WASHINGTON

The YMCA is offering produce and meal distribution across the DMV.

Meals: Meals are made at World Central Kitchen. Anyone can pick up a meal.

Snack Boxes: Snack boxes are for children 18 or younger. Children do not need to be present in order to pick up a box. Snack boxes meet USDA school lunch standards and are shelf-stable.

Produce: Produce is available for anyone, regardless of their affiliation with the YMCA. Distributed while supplies last.

Here are the locations and times for produce and meal pickups:



DC

YMCA Anthony Bowen

Produce: Mondays 4pm-6pm

YMCA Calomiris Program Center

Produce: Mondays 2pm-4pm

Snack Boxes: Mondays 2pm-4pm

VA

YMCA Alexandria

Produce: Mondays 4pm-6pm

Snack Boxes: Mondays 4pm-6pm

YMCA Arlington

Produce: Mondays 4pm-6pm

Snack Boxes: Mondays 4pm-6pm

YMCA Fairfax County Reston

Produce: Wednesdays 4pm-6pm

Snack Boxes: Thursdays 4pm-6pm

MD

YMCA Youth and Family Services

9601 Colesville Rd, Silver Spring, MD 20901

Produce: Wednesdays 1pm-3pm

YMCA Prince George's County at Trinity Lutheran Church

6600 Laurel Bowie Rd, Bowie, MD 20715

Produce: Mondays 4pm-6pm



Follow the @ymcadcfod Instagram and Facebook accounts for cooking tips and recipes that match the produce distributed. If you are experiencing hunger and do not know where to find additional resources outside of these locations, please contact health@ymcadc.org so that we can assist you in finding those resources.

Thank you to our partners at Keany Produce and Child Care Resources for your contributions!

