



SKILL CARD

How to: **BUY & STORE BROCCOLI**

Step 1:

Make sure the stalk is firm. Limp broccoli is a sign of old broccoli.

Step 2:

Make sure the florets are green, without and brown or yellow spots.

Step 3:

Store in the crisper of your refrigerator. Broccoli will stay fresh for about a week.

