



YMCA OF METROPOLITAN WASHINGTON OUTDOOR WELLNESS ACTIVITY WEATHER POLICY

At all YMCA of Metropolitan Washington branches in Maryland and Virginia: for the health and safety of all members and staff that participate in outdoor wellness classes/activities (such as outdoor Group Exercise classes, outdoor personal training and use of the outdoor strength training and cardio equipment), the following weather policy will be implemented by the YMCA:

- If it snows or rains during the outdoor wellness class/activity time, the outdoor wellness class/activity will be moved inside, offered online or cancelled.
- If there is ice on the ground where the outdoor wellness class/activity takes place, the outdoor wellness class/activity will be moved inside, offered online or cancelled.
- If the ground is wet where the outdoor wellness class/activity takes place and there is a potential for slipping, the outdoor wellness class/activity will be moved inside, offered online or cancelled.
- If the temperature is at or below 32 degrees when the outdoor wellness class/activity takes place, the outdoor wellness class/activity will be moved inside, offered online or cancelled.
- When a change is made to an outdoor wellness class or activity in Group Ex Pro, all participants that have reserved their space in the class/activity will be notified via email. In the event that a class is cancelled, please visit <https://www.facebook.com/ymcadcwellness/> to participate in an available pre-recorded class or one that is taking place either virtually or via live streaming.

At YMCA Anthony Bowen*: for the health and safety of all members and staff that participate in outdoor wellness classes/activities (such as outdoor Group Exercise classes or outdoor personal training), the following weather policy will be implemented by the YMCA:

- If it snows or rains during the outdoor wellness class/activity time, the outdoor wellness class/activity will be offered online or cancelled.
- If there is ice on the ground where the outdoor wellness class/activity takes place, the outdoor wellness class/activity will be offered online or cancelled.
- If the ground is wet where the outdoor wellness class/activity takes place and there is a potential for slipping, the outdoor wellness class/activity will be offered online or cancelled.
- If the temperature is at or below 32 degrees when the outdoor wellness class/activity takes place, the outdoor wellness class/activity will be offered online or cancelled.
- When a change is made to an outdoor class or activity in Group Ex Pro, all participants that have reserved their space in the class/activity will be notified via email. In the event that a class is cancelled, please visit <https://www.facebook.com/ymcadcwellness/> to participate in an available pre-recorded class or one that is taking place either virtually or via live streaming.

* Please note that in accordance with the updated government mandate in the District of Columbia, Group Exercise classes are not permitted to take place indoors at this time.