



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FOOD DISTRIBUTION

YMCA OF METROPOLITAN WASHINGTON

The YMCA is offering food distributions across the DMV.

Families are eligible to pick up 7 servings of breakfast, lunch, and milk a week. Meals are for children 18 or younger. Children do not need to be present. ID's or names will not be checked. Meals meet USDA school lunch standards.

From April 27th to September 30th, the YMCA of Metropolitan Washington has distributed approximately 14,801 bags of produce, totaling approximately 152,509 pounds of produce. We appreciate your patience during this pause as we seek funding to continue our produce distributions. Please check back weekly for updates. To be added to a listserv with immediate updates, email health@ymcadc.org.

Here are the locations and times for produce and meal pickups:

DC

YMCA Calomiris Program Center
Meal Pick-Up: Mondays 1pm-3pm

VA

YMCA Alexandria
Meal Pick-Up: Mondays & Tuesdays 4pm-6pm

YMCA Fairfax County Reston
Meal Pick-Up: Wednesdays 3pm-5pm

MD

YMCA Youth and Family Services
9601 Colesville Rd, Silver Spring, MD 20901
Information coming soon!



Follow the @ymcadcfood Instagram and Facebook accounts for cooking tips and recipes that match the produce distributed. If you are experiencing hunger and do not know where to find additional resources outside of these locations, please contact health@ymcadc.org so that we can assist you in finding those resources.

Many thanks to our partners for their generous contributions.

