



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# KID'S MEAL DISTRIBUTION

YMCA OF METROPOLITAN WASHINGTON



**THE YMCA IS OFFERING FOOD DISTRIBUTIONS ACROSS THE DMV:**  
Families are eligible to pick up 7 servings of breakfast, lunch, and milk a week. Meals are for children 18 or younger. Children do not need to be present. ID's or names will not be checked. Meals meet USDA school lunch standards.

**Here are the locations and times for meal pickups:**

## VA

### YMCA Alexandria

**Meal Pick-Up:** Mondays 4pm-6pm

### YMCA Fairfax County Reston

**Meal Pick-Up:** Wednesdays 3pm-5pm

## DC

### YMCA Calomiris Program Center

**Meal Pick-Up:** Mondays 1pm-3pm

Follow the @ymcadcfood Instagram and Facebook accounts for updates.



Many thanks to our partners for their generous contributions.

Contact [health@ymcadc.org](mailto:health@ymcadc.org) for more information.  
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