



SPRING 2
APR 26 – JUN 20

YMCA AYRLAWN PROGRAM CENTER PROGRAM OVERVIEW

*NOTE ON WEATHER POLICY: Due to scheduling constraints, make-up classes due to weather cancellations are not guaranteed and refunds are not issued for classes cancelled due to circumstances out of the YMCA's control. During times of bad weather, please call the **YMCA B-CC/Ayrlawn Weather Hotline at 301-530-9622** to hear information about opening times, delays or cancellations for child care and programs at both locations. Thank you for your understanding!*

WINTER NOTE: Outdoor classes proceed as usual unless Wind Chill/Real Feel temp drops below freezing (32° F). Classes that can be moved indoors, will be moved indoors at this point. If classes cannot be moved indoors they will be cancelled with a possible make-up session if scheduling permits. See above for make-up note.

YMCA AYRLAWN PROGRAM CENTER | 301-530-8500 | ymcadc.org

Registration: Full Members: Apr. 12 | Program Members: Apr. 19

*NO classes 5/29 – 5/31/2021
updated 2/25/21



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CLASS NAME	CLASS DESCRIPTION/INSTRUCTORS	MIN AGE	MAX AGE	LOCATION	TIME	DURATION	DAY	FULL MEMBER	PROGRAM MEMBER
SPORTS CLASSES									
Mini Basketball	Start the little ones early. Smaller basketballs and hoops, but the same skills make this class perfect for younger children. Shooting, passing and dribbling are the focus in many fun and run games to keep them engaged in learning the sport invented by the YMCA!	3	5	Ayrlawn Court	3:30pm	30 min	Thu	\$70	\$85
Junior Basketball	Introduces children to the basketball fundamentals including shooting, passing and dribbling, while building positive development and confidence. Game play is introduced during the session.	5	9	Ayrlawn Court	4:30pm	45 min	Thu	\$80	\$95
Mini Soccer	Introduces children to basic soccer skills. Dribbling, passing, shooting and field position are taught in a positive, nurturing environment.	3	5	Ayrlawn Field	3:30pm	30 min	Tue	\$70	\$85
Junior Soccer	Focuses on improving the necessary skills to start game action. The class introduces team work drills and sportsmanship.	5	9	Ayrlawn Field	4:30pm	45 min	Tue	\$80	\$95
Mini T-ball		3	5	Ayrlawn Field	3:30pm	30 min	W	\$70	\$85
Junior Baseball		5	9	Ayrlawn Field	4:30pm	45 min	W	\$80	\$95

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MUSIC LESSONS									
Guitar Lessons	Our Guitar Lessons are for all levels, from beginner to advanced—we teach it! Each lesson is tailored to your specific child. Contact Nicole.Colasito@ymcadc.org for more information or to schedule a class today	8	99	Ayrlawn Music Room	**	30 min	Mon T-F	\$170 \$195	\$195 \$225
Piano Lessons	Discover the basics of piano, from reading music to placement on keys; we will learn music in a fun way to inspire your child's passion in music! Contact Nicole.Colasito@ymcadc.org for more info or to schedule a class today.	3	99	Ayrlawn Music Room	**	30 min	Mon T-F	\$170 \$195	\$195 \$225
Viola/Violin Lessons	Students will learn proper technique and note reading to improve their overall memory and dexterity while they learn to play this classic instrument. Contact Nicole.Colasito@ymcadc.org for more information or to schedule a class today.	6	99	Ayrlawn Music Room	**	30 min	Mon T-F	\$170 \$195	\$195 \$225
Ukulele Lessons	From beginners to professionals, ukulele is a fun instrument to learn! Our one-on-one lessons help to improve coordination, memory, and dexterity. Contact Nicole.Colasito@ymcadc.org for more information or to schedule a class today.	6	99	Ayrlawn Music Room	**	30 min	Mon T-F	\$170 \$195	\$195 \$225

TAE KWON DO

Want to try an activity that the whole family can do together? Tae Kwon Do classes provide a unique and challenging opportunity for all individuals to have fun while getting a good, physical work –out. Tae Kwon Do is a Korean Martial Art that promotes a healthy mind and body through vigorous mental and physical exercise. Classes help students develop flexibility, strength and endurance, while also focusing on increasing self-esteem, respect, and concentration and discipline.

Beginner/Intermediate	Class instructed by Masters	6	99	Room 13	3:45pm	60 min	Tue	\$115	\$135
	Class instructed by Masters	6	99	Room 13	3:45pm	60 min	Thu	\$115	\$135
ADULT All Levels	Class instructed by Masters	6	99	Room 13	5:00 pm	60 min	Tue	\$115	\$135
Intermediate/Advanced	Class instructed by Masters	6	99	Room 13	5:00 pm	60 min	Thu	\$115	\$135

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PRESCHOOL DANCE

Getting your Preschool student involved in Dance at this early age is a playful activity that helps build other important skills. In addition to refining motor skills, kids will also learn to get loose, gain confidence, socialize and follow directions.

Bitty Ballet	Instructor: Miss Bianca	3	3	Dance Studio	10:00am	30 min	Thu	\$80	\$95
Mini Ballet	Instructor: Miss Bianca	4	5	Dance Studio	11:00am	45 min	Thu	\$95	\$115
	Instructor: Miss Jasmin	4	5	Dance Studio	4:00 pm	45 min	Tue	\$95	\$115

YOUTH DANCE

Ballet 1 & 2	Instructor: Miss Jasmin	6	12	Dance Studio	5:00 pm	60 min	Tue	\$135	\$155
Jazz Class	Instructor: Miss Jasmin	8	16	Dance Studio	4:00 pm	60 min	Thu	\$135	\$155
Contemporary	Instructor: Miss Jasmin	6	99	Dance Studio	5:15 pm	60 min	Thu	\$135	\$155
Hip Hop	Instructor: Miss Jasmin	5	6	Dance Studio	4:00 pm	45 min	W	\$95	\$115
	Instructor: Miss Jasmin	7	9	Dance Studio	5:00 pm	60 min	W	\$135	\$155

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PRESCHOOL GYMNASTICS									
Tiny Tumblers	In this class, they are ready to be out on their own and to take on more skills! Children in this group will work on gaining strength and flexibility, gymnastics and gross motor skill development, as well as learning how to take turns.	3	3	Ayrlawn Mini Gym	10:00am	45 mins	Tue	\$95	\$115
Gym Tots	We are moving on up! This class is focused on increasing motor skill development and basic gymnastics fundamentals such as rolls and simple body positions.	4	5	Ayrlawn Mini Gym	11:30 am	45 mins	Tue	\$95	\$115
YOUTH GYMNASTICS									
The goal of the school age program is to instill a strong gymnastics foundation as well as creating healthy habits and a lasting love of fitness. Kids in this program advance according to skill level rather than by age. Beginner, Intermediate and Advanced classes are designed to develop the gymnast's natural ability and allow them to progress at their own pace.									
Beginner Co-Ed	The emphasis in this class is to teach solid basic skills while improving strength, flexibility and balance. They will learn basic skills and gymnastics concepts on all four events, beam, bars, vault and floor	6	12	Ayrlawn Big Gym	2:00 pm	60 min	W	\$135	\$155
Intermediate/Advanced Co-Ed	This class is for students needing more of a challenge. More difficult skills and combinations will be taught in this class. SKILLS REQUIRED FOR ENTRY: Strong handstands, cartwheels, bridges, and steady walks on high beam.	6	12	Ayrlawn Big Gym	3:30 pm	75 min	W	\$150	\$170

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