



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Dear Y Members,

Thank you to our members that completed the recent survey regarding post-pandemic protocols. The Y has taken your feedback very seriously and will continue to monitor operational policies as vaccine rates increase and COVID19 cases decline. To that end please find the following operational changes effective as indicated by the dates and categories below.

Effective June 1st

- The branch hours of operations will be expanded across all YMCA locations including weekend hours. Until June 1st, please continue to visit <https://www.ymcadc.org/hours-of-operation> for the branch schedule. On June 1st and thereafter, please refer to your branch website page for specific days and times.
- **Midday closure will be discontinued, and adjusted cleaning protocols will be in effect.** The Y will continue with many of the enhanced cleaning protocols adapted during the pandemic including UV-C infrared cleaning in the evenings and throughout the day.

MASKS (Effective June 14th)

- Given the nature of exercise and what members and guests do when visiting the Y, such as changing and showering indoors in close quarters, and where our region is related to vaccines ([over 44% of the region has been fully vaccinated](#)), combined with feedback from our members; for the immediate short term: the wearing of masks will remain required on YMCA property.
- **However; if you have been FULLY VACCINATED and provide proof of vaccination one time for the Y check-in system, YOU MAY CHOOSE NOT TO WEAR A MASK.** The Y will also ask that those who chose not to wear a mask, wear a water-proof paper wristband that the Y will provide when entering the facility.
- **These bands will change in color/appearance daily. This will allow members and staff that have been fully vaccinated to be easily recognized and provide a level of comfort for all. The YMCA will not keep a copy** of your proof of vaccination card; rather just indicating “yes” in our system supporting your vaccination status.
- **Though the majority of the Y staff have been vaccinated, the staff will be required to follow the same policies as outlined above for members.** Y staff will be required to wear masks unless they have been fully vaccinated, and choose to provide proof of such and wear a water-proof band while on the Y property.
- **The Y will no longer be conducting temperature checks for adult members or asking pre-screening questions related to COVID19.** We ask that members who are not feeling well refrain from coming to the Y and consult a physician as necessary. As previously stated, the Y will continue to monitor regional indicators and CDC guidelines as it relates to the vaccines and virus rates and adjust policies accordingly.



CHILDREN (Effective June 14th)

- **Mask wearing will be required for children age 2-years and above (per CDC guidance) following the same policy outlined above.**
- **Child Watch and Cool Kids Clubs services will open.** The Y will continue to monitor the temperatures of attending children at check-in. Please check with your Y regarding hours of operations.

RESERVATION SYSTEMS

- **POOLS/AQUATICS:** Effective June 1st, more swimming lanes will be available for walk-in use, and throughout the month, pool capacity will continue to increase. On June 7th all facilities will expand pool access allowing more reservations by each member and increased availability for members to simply walk in and enjoy their time in the pool. On June 14th, in Virginia and DC, the indoor pools will discontinue offering the use of a reservation system. To review additional updates to aquatics programming, please visit: <https://www.ymcadc.org/program-updates>.
- **GROUP EXERCISE:** as of June 14th, the YMCA will discontinue the use of a reservation system for member access to Group Exercise classes and return to the first-come, first-serve basis.

MEMORIAL DAY HOURS (Monday, May 31st)

- YMCA Alexandria will be open from 7am to 3pm
- YMCA Anthony Bowen will be open from 7am to 3pm
- YMCA Arlington will be open from 6am to 4pm
- YMCA Arlington Tennis Center will be open from 7am to 9pm
- YMCA Bethesda Chevy Chase will be open from 6am to 4pm
- YMCA Fairfax County Reston will be open from 6am to 1pm
- YMCA Silver Spring will be open from 6am to 4pm

If you are returning to the Y after having been gone over the last few weeks you will notice:

- **The locker rooms have fully reopened for member use.**
- **All wellness equipment** has returned to the building.
- **Lobby furniture** has been put back into place for your use.
- **All directional signage** has been removed and the use of separate entrances/exits has been discontinued so ingress and egress will return to pre-pandemic traffic flow. New signage is in place supporting policies and protocols related to mask-wearing in the facility.
- **Swimming pool use has been expanded** to allow two people from different households to share a lane.
- **Complimentary wellness consultations are available for members returning to the Y.** This is an opportunity for you to speak with a nationally certified Y wellness team member about how you can achieve your healthy living goals for this summer. For more information, please reply to this email.
- **The YMCA has introduced pickleball programming** to the Montgomery County YMCA branches, and will soon expand Pickleball play across the Association. If you are interested in joining the Pickleball listserv or participating in a free pickleball orientation, please contact pickleball@ymcadc.org.

Thank you for your YMCA membership and we look forward to serving you this summer. Please reply to this email for assistance.

Yours in Good Health,
YMCA of Metropolitan Washington