

A photograph showing a person in a teal shirt and denim overalls handing a wooden crate filled with fresh vegetables (lettuce, carrots, and eggplants) to another person. The scene is outdoors with bright sunlight in the background.

## The Y: For a better us.

For safe spaces.  
For meal programs.  
For child care.  
For education.  
For after school.  
For family nights.  
For youth groups.  
For opportunity.

Support the YMCA: **CFC #74703**



## DID YOU KNOW?

1 in 5 children across Washington D.C. do not know where their next meal is coming from. In 2018, we fed **196,225 snacks and meals** to over 6,900 children with the goal of addressing an immediate need: hunger.

**The Y also works to create a more equitable food system** by serving as the middle man between food insecure families and regional farmers, two communities who have historically never been connected.

The YMCA of Metropolitan Washington does this by establishing food retail points in communities that need nutritious, affordable food and the farmers that produce them. Together this provides access to families and revenue for farmers.

Support our efforts: **CFC #74703**

To learn more about the Y, please visit us online at [www.ymcadc.org](http://www.ymcadc.org).