



# YMCA OF METROPOLITAN WASHINGTON OUTDOOR ACTIVITY WEATHER POLICY

**At all YMCA of Metropolitan Washington branches in Maryland and Virginia: for the health and safety of all members and staff that participate in outdoor wellness classes/activities (such as outdoor Group Exercise classes, outdoor personal training and use of the outdoor strength training and cardio equipment), the following weather policy will be implemented by the YMCA**

- If it snows or rains during the outdoor wellness class/activity time, the outdoor wellness class/activity will be moved inside, offered online or cancelled.
- If there is ice on the ground where the outdoor wellness class/activity takes place, the outdoor wellness class/activity will be moved inside, offered online or cancelled.
- If the ground is wet where the outdoor wellness class/activity takes place and there is a potential for slipping, the outdoor wellness class/activity will be moved inside, offered online or cancelled.
- If the temperature is at or below 32 degrees when the outdoor wellness class/activity takes place, the outdoor wellness class/activity will be moved inside, offered online or cancelled.
- When a change is made to an outdoor wellness class or activity in Group Ex Pro, all participants that have reserved their space in the class/activity will be notified via email. In the event that a class is cancelled, please visit <https://www.facebook.com/ymcadcwellness/> to participate in an available pre-recorded class or one that is taking place either virtually or via live streaming.

**At YMCA Anthony Bowen\*: for the health and safety of all members and staff that participate in outdoor wellness classes/activities (such as outdoor Group Exercise classes or outdoor personal training), the following weather policy will be implemented by the YMCA**

- If it snows or rains during the outdoor wellness class/activity time, the outdoor wellness class/activity will be offered online or cancelled.
- If there is ice on the ground where the outdoor wellness class/activity takes place, the outdoor wellness class/activity will be offered online or cancelled.
- If the ground is wet where the outdoor wellness class/activity takes place and there is a potential for slipping, the outdoor wellness class/activity will be offered online or cancelled.
- If the temperature is at or below 32 degrees when the outdoor wellness class/activity takes place, the outdoor wellness class/activity will be offered online or cancelled.
- When a change is made to an outdoor class or activity in Group Ex Pro, all participants that have reserved their space in the class/activity will be notified via email. In the event that a class is cancelled, please visit <https://www.facebook.com/ymcadcwellness/> to participate in an available pre-recorded class or one that is taking place either virtually or via live streaming.

\* Please note that in accordance with the updated government mandate in the District of Columbia, Group Exercise classes are not permitted to take place indoors at this time.

Please note that this policy is subject to change.