







THE BEST WORKOUTS ARE THE ONES YOU SHARE WITH YOUR FRIENDS!



There are many healthy living activities that you can enjoy with friends at the YMCA. Share a 3-Day Guest Pass (available at the front desk) with a friend so they can join the YMCA with a \$0 enrollment fee when they join by April 30th!

For more information about the Y, please visit www.ymcadc.org

*New joining non-member friend must state the name of the referring member at the time of enrollment (or alternatively, referring member name must be written on the guest pass previously used by the new member and said pass must be provided to YMCA staff at the point of enrollment). Speak with a Y staff member for additional details. The \$0 enrollment fee offer is valid through 4/30/20 on the purchase of a new full-privilege membership to participating YMCA of Metropolitan Washington branches. May not be combined with any other offer. Restrictions apply. For details contact your local YMCA branch.