



— YMCA SILVER SPRING —

MASTER'S SWIMMING

Mondays & Thursdays in the **Indoor Pool** from **8:45pm – 9:45pm**

- We are a non-competitive, friendly, and social group.
- Open water swimmers and tri athletes are welcome.
- No butterfly unless **you** want to swim it.



FEEL FREE TO DROP BY and try out Master's Swimming, any Monday or Thursday from 8:45pm – 9:45pm.

QUESTIONS?

Call or text Coach Tom at 202-558-8894.

