



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

November 2019

In my role at the Y, I am always amazed by the ability of our community to come together for the common good. With help from donors like you throughout our Y's 18 branches and program centers, scholarship funds were distributed across the metropolitan Washington area so that 19,731 children and adults were able to participate in life-enriching programs and services they otherwise could not afford. We are so grateful for your gift - your contribution helped to make these programs accessible in your own neighborhood.

Scholarship funds provide access for people across our community to vital programs and services like high quality childcare, summer enrichment, senior health and fitness, and water safety and camps that give young people the opportunity to build self-esteem, self-reliance, and develop lifelong friendships.

**Please consider making another gift today to continue ensuring that the Y's doors are open to everyone, regardless of their ability to pay.**

A gift to the Y is an investment in your community. Your gift will help a child learn to swim for the first time or help a single parent find affordable, quality childcare so that they can go to work with peace of mind.

Thank you for your gift to the YMCA of Metropolitan Washington.

Sincerely,

Angie L. Reese-Hawkins  
President & CEO

P.S. You can also make your gift online at [www.ymcadc.org/donate](http://www.ymcadc.org/donate), where you can designate your gift to your branch, or let us direct it to the area of greatest need.

# US... IS A PROMISE

Every day, the Y strengthens communities for kids, adults, seniors and families with programs that protect, teach, connect, heal, nourish and encourage. It's how we help communities and the "us" who live in them achieve our individual and collective promise.

We can't do it alone.  
**» DONATE FOR A BETTER US.**

**The Y. For a better us.**





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FOR HEALTHY LIVING – SUPPORTING SENIORS

Over

**6,800 seniors**

improved their physical fitness and benefited from the YMCA's rehabilitation programs.

FOR YOUTH DEVELOPMENT – EMPOWERING YOUTH

Over

**2,000 children**

overcame challenges, solved problems and created lifelong memories at YMCA Camp Letts.

FOR SOCIAL RESPONSIBILITY – STRENGTHENING COMMUNITIES

The Y provided over

**119,000 meals**

and 94,053 snacks for 8,267 children across the DMV.

The Y supported over

**3,500 children**

and families through counseling, mentoring, and early intervention services.

VISIT US AT: [www.ymcadc.org](http://www.ymcadc.org)

