YMCA Fairfax County Reston - Aquatics Schedule - Swim Season

2021- Fall Pool Schedule

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Lane 6 5 4 3 2 1

4:00 AM, 5:00 AM, 6:00 AM, 6:30 AM, 7:00 AM, 7:30 AM, 8:00 AM, 8:30 AM, 9:00 AM, 9:30 AM, 10:00 AM, 10:30 AM, 11:00 AM, 11:30 AM, NOON, 12:30 PM, 1:00 PM, 1:30 PM, 2:00 PM, 2:30 PM, 3:00 PM, 3:30 PM, 4:00 PM, 4:30 PM, 5:00 PM, 5:30 PM, 6:00 PM, 6:30 PM, 7:00 PM, 7:30 PM, 8:00 PM, 8:30 PM, 9:00 PM, 9:30 PM

Monday

zer

Zero entry lane

Y & R o o m

WATER WOLVES
4:30 to 6:00
Senior AM 4

Swim team
6:00-6:30

WATER AEROBIC
12:10pm-1:00pm

5:15-7:00

WATER WOLVES
7:15 to 8:45
SENIOR PM
&
SENIOR PACK

Tuesday

zero entry lane

WATER WOLVES
4:30 to 6:00
Senior AM

MASTER SWIM
6:00 am-7:00am

5:15-7:00

WATER WOLVES
7:15 to 8:45
SENIOR PM
&
SENIOR PACK

Wednesday

Y

Zero entry lane

R & Y o o m

WATER WOLVES
4:30 to 6:00
Senior AM

Swim team
6:00-6:30

WATER AEROBIC
12:10pm-1:00pm

5:15-7:00

Thursday

zero entry lane

WATER WOLVES
4:30 to 6:00
Senior AM

MASTER SWIM
6:00 am-7:00am

Water Aerobic
8:30am-9:30am

5:15-7:00

WATER WOLVES
7:15 to 8:45
SENIOR PM
&
SENIOR PACK

Friday

zero entry lane

WATER WOLVES
4:30 to 6:00
Senior AM

Swim team
6:00-6:30

WATER AEROBIC
12:10pm-1:00pm

Swim Team
5:00-7:15

WATER WOLVES
7:15 to 8:15
WOLFPACK 2/3

Saturday

zero entry lane

YMCA
SWIM
LESSONS
9am-12pm

YMCA
SWIM
LESSONS
9am-12pm

Sunday

zero entry lane

YMCA
SWIM
LESSONS
9:30-12:30

YMCA
SWIM
LESSONS
9:30-12:30

WATER WOLVES
5:00 TO 7:00
Senior PM
WOLFPACK 4 (5:00 TO 6:15)

Lane assignments may change to suit current pool conditions.
LIMITED OPEN/FAMILY SWIM DURING SWIM TEAM and SWIM LESSONS
Pool Times - Mon - Thr : 6:00 am - 7:45 pm , Fri 6:00 am-6:45 pm , Sat: 7:00 am - 5:45 pm , Sun: 8:00 am - 5:45 pm

Private lessons

10/20/2021 7:54 AM