



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SWIM TO GUARD

AT YMCA FAIRFAX COUNTY RESTON

If you are a non-swimmer or a beginner swimmer, we are now offering a 10-week course that teaches you how to swim. At the end of those 10 weeks, if you are interested in becoming a lifeguard, we will work with you to achieve that goal. Participants who complete the class will be automatically enrolled in the Y's hiring process.

Other certifications cost up to \$155!

Get the best training, join our team, & grow together!

ANYONE CAN PARTICIPATE, REGISTER TODAY!



To register, please email
Charles.Pabon@ymcadc.org or call us at
703-375-7031.

www.ymcadc.org

