



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY


BE MORE RESILIENT THAN EVER!

JOIN THE Y IN JANUARY

There are many healthy living activities that you can enjoy with friends. Please provide this card to a friend and plan a workout with them at the Y. They can use the guest pass on the back of this card for 3 consecutive days.

\$0

ENROLLMENT FEE*

VISIT [YMCADC.ORG](https://ymcadc.org)
FOR LOCATION
INFORMATION &
TO LEARN MORE! 



COME EXPERIENCE ALL THE Y HAS TO OFFER:

- State-of-the-art equipment for members of all experience levels.
- A wide variety of dynamic group exercise classes.
- Pickleball, tennis, swimming, and more!
- Access to over 2,700 locations nationwide!



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3-DAY GUEST PASS



Share this pass with a friend so they can **join the YMCA** with a **\$0 Enrollment Fee.**

For more information about the Y, please visit www.ymcadc.org.



GUEST NAME:

MEMBER NAME:

3-CONSECUTIVE DAY GUEST PASS VALID THROUGH:

This guest pass entitles you to 3 consecutive days of access to participating YMCA of Metropolitan Washington branch locations. Guest must be at least 18 years old, must be a local resident, and must present a valid photo identification upon redemption of this guest pass. Guests are limited to one guest pass redemption during any six month period. No cash value. Charges may apply for certain services and/or class participation. Guest pass expires 1/31/22. The \$0 enrollment fee offer is valid through 1/31/22 on the purchase of a new facility membership to participating YMCA of Metropolitan Washington branches. May not be combined with any other offer. Restrictions apply. For details, contact your local YMCA branch.