



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



YMCA BETHESDA-CHEVY CHASE JANUARY CLOSE OUT!

Join us on Saturday, January 29th and Sunday, January 30th
for a series of January Close Out Events!

SCHEDULE OF EVENTS

Saturday, January 29th, 2022

- Virtual Group Exercise Pop-Up Classes
- 60-minute Yoga Class with Coach Jenn at 10am
- 45-minute Tone and Core Class with Coach Meg at 11am

Sunday, January 30th, 2022

- Free Swim from 1:00pm - 7:45pm

Giveaways All Weekend Long!

- Visit the YMCA this weekend and receive a **free gift!**