



# YMCA FAIRFAX COUNTY RESTON 2022 SUMMER SWIM SESSION

**JULY 09 - AUGUST 21**

**\*ACTIVE YMCA MEMBERSHIP  
IS REQUIRED PRIOR TO  
REGISTRATION\***

**7- WEEK SESSION**

## Refund / Cancellation Policy:

- The YMCA Reston aquatics department will only credit/refund money due to medical reasons with a doctor note.
- Any credit/refund made after the start of a session will be prorated at the discretion of the Aquatics Director. The credits on members account are only good for 1 year. After that year, they will expire.
- If the YMCA Reston cancels the class or reschedules a course at the beginning of the session, full credit/refund will be given.
- The YMCA does not offer make-ups for absences.
- If verified illness prohibits class attendance, and is reported to the YMCA Aquatics Staff, a makeup lesson will be given. A doctor's note must be submitted.
- All programs have a minimum enrollment number of three participants. Programs with fewer participants may be combined or canceled. You will have the option of receiving a full refund/credit or switching to another similar price program or class.
- Only the Aquatics Director will approve refund for a reason not mentioned above.
- After the second class, you will not be able to register for the program.
- Late registration will not be prorated.



## REGISTRATION IS OPEN!

**We offer classes for beginner to competitive swimmers of all ages!**

- Parent/Child Swim Lessons: Ages 6 Months - 3 Years
- Preschool Swim Lessons: Ages 3 - 5 Years
- Youth Swim Lessons: Ages 6 - 12 years
- Teen Swim Lessons: Ages 12 - 17 years
- Adult Swim Lessons: Ages 18 & Up

## WAYS TO REGISTER:

- Register online at Easy To Enroll:  
<https://easytoenroll.ymcad.org/register>
- Register at the YMCA Fairfax County Reston front desk.
- Email our Assistant Aquatics Director Charles Pabon at [Charles.Pabon@ymcad.org](mailto:Charles.Pabon@ymcad.org).



## SATURDAY CLASSES

Time	Class	Age	Class Code	Full / Program Member Cost	Dates
9:00–9:30am	Stage B Water Exploration	2-4	02101-01	\$105 / \$145	7/9 – 8/20
9:00–9:30am	Stage 2 Water Movement	3-5	02101-03	\$105 / \$145	7/9 – 8/20
9:00–9:30am	Stage 3 Water Stamina	3-5	02101-04	\$105 / \$145	7/9 – 8/20
9:40–10:20am	Level 1 Water Acclimation	6-12	02201-02	\$105 / \$145	7/9 – 8/20
9:40–10:20am	Level 3 Water Stamina	6-12	02201-03	\$105 / \$145	7/9 – 8/20
9:40–10:20am	Level 4 Stroke Introduction	6-12	02201-04	\$105 / \$145	7/9 – 8/20
10:30–11:00am	Stage 1 Water Acclimation	3-5	02101-02	\$105 / \$145	7/9 – 8/20
10:30–11:00am	Stage 2 Water Movement	3-5	02101-13	\$105 / \$145	7/9 – 8/20
10:30–11:00am	Stage 3 Water Stamina	3-5	02101-14	\$105 / \$145	7/9 – 8/20
11:10–11:50am	Level 2 Water Movement	6-12	02201-02	\$105 / \$145	7/9 – 8/20
11:10–11:50am	Level 5 Stroke Development	6-12	02201-05	\$105 / \$145	7/9 – 8/20
11:10–11:50am	Level 6 Stroke Mechanics	6-12	02201-06	\$105 / \$145	7/9 – 8/20

## SUNDAY CLASSES

Time	Class	Age	Class Code	Full / Program Member Cost	Dates
9:30–10:00am	Stage B Water Exploration	2-4	02102-01	\$105 / \$145	7/10 – 8/21
9:30–10:00am	Stage 2 Water Movement	3-5	02102-03	\$105 / \$145	7/10 – 8/21
9:00–10:00am	Stage 3 Water Stamina	3-5	02102-04	\$105 / \$145	7/10 – 8/21
10:10–10:50am	Level 1 Water Acclimation	6-12	02202-01	\$105 / \$145	7/10 – 8/21
10:10–10:50am	Level 2 Water Movement	6-12	02202-02	\$105 / \$145	7/10 – 8/21
10:10–10:50am	Level 4 Stroke Introduction	6-12	02202-04	\$105 / \$145	7/10 – 8/21
11:00–11:30am	Stage 1 Water Acclimation	3-5	02102-02	\$105 / \$145	7/10 – 8/21
11:00–11:30am	Stage 2 Water Movement	3-5	02102-13	\$105 / \$145	7/10 – 8/21
11:00–11:30am	Stage 3 Water Stamina	3-5	02102-14	\$105 / \$145	7/10 – 8/21
11:40–12:20pm	Level 3 Water Stamina	6-12	02202-03	\$105 / \$145	7/10 – 8/21
11:40–12:20pm	Level 5 Stroke Development	6-12	02202-05	\$105 / \$145	7/10 – 8/21
11:40–12:20pm	Level 6 Stroke Mechanics	6-12	02202-06	\$105 / \$145	7/10 – 8/21

## TUESDAY/ THURSDAY CLASSES

Time	Class	Age	Class Code	Full / Program Member Cost	Dates
7:30–8:15AM	Summer Stroke Clinic	18+		\$105 / \$145	7/05–7/31

YMCA Fairfax County Reston

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